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# Black and Hispanic Employees Who Receive Authentic Recognition Are 7x More Likely to Feel a Sense of Belonging at Work

New Workhuman-Gallup research shows how authentic recognition creates a sense of belonging and helps employees of color see a path to grow at their organization.

WASHINGTON, D.C., and FRAMINGHAM, Mass. — June 7, 2023 — Workhuman® and Gallup released their latest report, "From Appreciation to Equity: How Recognition Reinforces DEI in the Workplace," which outlines how recognition, when done authentically and frequently, can help to build more equitable and inclusive workplaces that allow employees to thrive. In the study, derived from two surveys of over 10,000 working adults, Workhuman and Gallup found that when employees believe that the recognition they receive is authentic, they are five times more likely to feel like they belong in their workplace. This pattern is even stronger for Black and Hispanic employees with both being seven times more likely to feel a sense of belonging at work. When it comes to women at work — in particular, women in management — recognition can act as a shield to feeling burned out on the job.

Additionally, the data reveal how authentic recognition helps employees see a path to grow at their organization and feel like the organization cares about their overall wellbeing. The relationship is strongest for Black employees, who are eight times more likely to see a path for growth at their organization when receiving authentic recognition compared to White and Hispanic employees, which are both five times more likely.

The study found that frequent recognition acts as a buffer against employee burnout. Regardless of the factors that make them unique from one another, employees who feel they get the "right" amount of recognition are 30% less likely to experience burnout than those who do not believe they are getting the right amount of recognition. Female, Black and Hispanic employees are significantly insulated from burnout when they receive the right amount of recognition. Breaking it down: Women are 63% are less likely to experience burnout, Black employees are 43% less likely to experience burnout and Hispanic employees are 44% less likely to experience burnout if they strongly agree that they're getting the right amount of recognition for the work that they do, versus those who do not strongly agree.

The study also dug into the impact that frequent recognition has on one of a business's major expenses — turnover. Prior <u>Workhuman and Gallup research</u> found that a culture of recognition can reduce turnover costs at a 10,000-person organization with an already engaged workforce by up to \$16.1 million. By frequently recognizing employees for who they are and what they do, organizations can prevent them from heading for the exit. Overall, employees who strongly agree they receive the right amount of recognition for the work they do are 37% less likely to be job hunting. More specifically, women are 43% less likely to say they're job searching when they strongly agree they receive the right amount of recognition, compared to 26% of Black and Hispanic employees, respectively.

"Recognition is foundational for creating a system of equity around advancement for employees to access opportunities within organizations," said Camille Lloyd, Director of the Gallup Center on Black Voices. "People aren't looking to be tokenized. They want authentic and meaningful

recognition that makes them feel like they truly have an opportunity to contribute value at work while having a path to achieve their own career goals."

To read the full report and learn the three key strategies organizations can use recognition to support an organization's DEI efforts: <a href="https://www.gallup.com/analytics/472658/workplace-recognition-research.aspx">https://www.gallup.com/analytics/472658/workplace-recognition-research.aspx</a>

To learn more about how Workhuman's employee recognition solution can help reduce turnover, improve engagement and productivity and elevate DEI efforts, please visit: <a href="https://www.workhuman.com/solutions/social-recognition">www.workhuman.com/solutions/social-recognition</a>.

#### **About Workhuman**

Workhuman® is helping companies meet today's biggest human capital challenges — including unprecedented turnover, employee engagement, hybrid work environments and DEI — through the Workhuman Cloud®, a secure SaaS platform that provides the industry's best-in-class Social Recognition® solution. As the leading global provider of technology solutions, analytics, expertise and services helping organizations of all sizes build and foster workplace cultures powered by employee recognition and crowdsourced feedback, Workhuman is revolutionizing the way employees celebrate, connect with, and appreciate each other in the workplace. Combined with unmatched data through Workhuman iQ®, we empower HR (Human Resources) and business leaders with proactive insight to understand issues as they develop and tools to help them make the right decisions to align business objectives and culture to deliver immediate impact. And, with world-class award redemption from our proprietary global network, Workhuman is committed to building more connected human-centered workplaces that recognize the value and potential of each and every employee.

For more than 20 years, Workhuman has been pioneering the human workplace by disrupting legacy and obsolete HR approaches to improve the employee experience at work, with solutions that engage with approx. seven million customer employees in 30+ languages, in 180 countries, generating 100 million instances of human connection. With dual headquarters in Dublin, Ireland and Framingham, Massachusetts, Workhuman deploys solutions and services at scale and is committed to helping companies improve returns on their most important investment — their people. For more information, please visit www.workhuman.com.

#### **About Gallup**

Gallup delivers analytics and advice to help leaders and organizations solve their most pressing problems. Combining more than 80 years of experience with its global reach, Gallup knows more about the attitudes and behaviors of employees, customers, students and citizens than any other organization in the world.

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