

Discover how employees around the world experienced life and work last year.



Gallup is committed to bringing the voice of the employee to the decision-making table as we help global leaders solve their most pressing problems. In this report we feature annual findings from the world's largest, ongoing study of the employee experience. We examine how employees feel about their work and their lives, an important predictor of organizational resilience and performance.

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FROM THE CEO

81,396 hours.

That's how much of life most of us spend working. The only thing we spend more time doing is sleeping.

If we spend so much of life at work, how is life at work going?

According to the world's workers, not well. Gallup finds 60% of people are emotionally detached at work and 19% are miserable.²

But is that a surprise, or a statistical explanation of the obvious?

The idea that "work sucks" is everywhere. It's been the subject of ancient philosophers, world leaders, your colleagues and even pop culture. Comedian George Carlin once quipped, "Oh, you hate your job? Why didn't you say so? There's a support group for that. It's called EVERYBODY, and they meet at the bar."

Carlin's joke works because it's true — but workplace misery isn't funny. Being miserable at work can bring more suffering to a person's life than being unemployed.

The False Workplace Proverb

"Find a job that you enjoy doing, and you will never have to work again in your life." This quote is often misattributed to Mark Twain or Confucius.³ But regardless of where it came from, the popular adage has a different problem: It's not true.

"Work," according to Oxford Languages, is "activity involving mental or physical effort done in order to achieve a purpose or result." Exerting mental or physical effort to achieve anything is rarely done without stress, worry or even pain.

Nobel laureate and best-selling author Daniel Kahneman once said there were "periods when he worked alone on writing that were 'terrible,' when he felt 'miserable.'" Stress, anxiety and maybe a little pain will always be part of a high-performing job, but those negative emotions cannot be the very soul of someone's job. Yet, that is exactly the work-life experience for the 19% of workers who are actively disengaged.

¹ According to the Gallup World Poll, the average full-time worker spends 41.36 hours per week working. If you assume people work 48 weeks per year, it means people spend 1,985.28 hours per year working. Life expectancy is 73 and, according to the OECD, people retire at about 63. If people begin working at 22, then the average person works 41 years. Forty-one years of work at 1,985.28 hours per year is 81,396 total hours. This estimate is conservative and may even be low; another estimate finds that people work over 115,000 hours in a lifetime.

² Gallup's technical term for being miserable at work is "actively disengaged." The terms for thriving at work and emotionally detached at work are "engaged" and "not engaged."

³ It first appeared in the 1982 *Princeton Alumni Weekly.* The periodical quoted a Princeton professor, quoting some "old-timer" he knew (thanks, *Quote Investigator*).

Ask them, "Did you feel stress yesterday?" — 59% will say "yes." Ask them, "Did you feel worried yesterday?" — 56% will say "yes." Ask them, "Did you feel physical pain a lot of the day yesterday?" — 33% will say "yes." And, "How about anger?" — 31% will say "yes." These figures are staggering — and 46% to 83% higher than an engaged person would report.

A Better Way?

The pain from work has caused leaders to invent new ways to get as far from work as possible. Movements to attain "work-life balance," implement four-day workweeks and expand remote work are now everywhere. But it's not just the hours, imbalance or location that leave workers unhappy. It's what's happening at work that makes them miserable.

For example, balance is essential, but it implies a work/life separation. Emotionally compartmentalizing work, or anything in life, is hard. Even if your boss can't call or email you after 5 p.m., you probably haven't recovered from the berating he gave you earlier in the day. It's almost impossible to leave that kind of emotional baggage at work. In a Gallup study in Germany, 51% of actively disengaged workers said job stress caused them to behave poorly with loved ones.⁴

So, what makes a bad job?

In one of the largest studies of burnout, Gallup found the biggest source was "unfair treatment at work." That was followed by an unmanageable workload, unclear communication from managers, lack of manager support and unreasonable time pressure.

Those five causes have one thing in common: your boss. Get a bad one and you are almost guaranteed to hate your job. A bad boss will ignore you, disrespect you and never support you. Environments like that can make anyone miserable. A manager's effect on a workplace is so significant that Gallup can predict 70% of the variance in team engagement just by getting to know the boss.

Thriving at Work

Improving life at work isn't rocket science, but the world is closer to colonizing Mars than it is to fixing the world's broken workplaces.

Stakeholder capitalists think they have the solution. Using environmental, social and governance (ESG) metrics, they encourage companies to report on their impact on everything from the environment to their workforce. But when it comes to the worker, most ESG reports focus solely on pay and demographics. These are critical, but how do we know if workers are being treated with respect? Or feel cared about?

The real fix is this simple: better leaders in the workplace. Managers need to be better listeners, coaches and collaborators. Great managers help colleagues learn and grow, recognize their colleagues for doing great work, and make them truly feel cared about. In environments like this, workers thrive.

^{4 &}quot;Bringing Work Problems Home" by Steve Crabtree, https://news.gallup.com/businessjournal/1078/bringing-work-problems-home.aspx

For 79% of workers, this kind of work environment may seem like a pipe dream, but for 21% of workers, it's a reality. They still have days with stress, worry and pain — but at half the rate as people who are actively disengaged at work. In fact, 95% of people who are thriving at work report being treated with respect all day and 87% report smiling and laughing a lot.

Stakeholder capitalists would love the idea of more respect and care in the workplace, but will shareholder capitalists? "How does this impact the bottom line?" they'd ask. Well, as it turns out, it pays to have thriving workers.

Business units with engaged workers have 23% higher profit compared with business units with miserable workers. Additionally, teams with thriving workers see significantly lower absenteeism, turnover and accidents; they also see higher customer loyalty. The point is: Wellbeing at work isn't at odds with anyone's agenda.

Executives everywhere should want the world's workers to thrive. And helping the world's workers thrive starts with listening to them. Hear what they have to say about how life at work is going in this year's *State of the Global Workplace* report.

Jon Clifton

CEO

Executive Summary

2021: As the Pandemic Raged On, the Global Employee Burned Out

COVID-19 Deaths

1.9M

by the end of 2020

3.5M

in 2021

IN 2021, GLOBAL WORKERS REMAINED UNDER THE HEAVY BURDEN of the COVID-19 pandemic. Although the development and delivery of effective vaccines offered hope that we were past the worst of the pandemic, more people died of COVID-19 in 2021 than 2020. Some regions saw signs of partial recovery, but others were significantly worse off than they were in the first year of the pandemic.

1. Global employee vital signs— engagement and wellbeing — remain stable but not great.

Learn how Gallup helps organizations like yours harness human potential to improve business outcomes through employee engagement.

Do employees find their work meaningful and rewarding? Do they think their lives are going well? Do they feel hopeful about the future? The short answer is that most employees around the world would answer "no" to all three questions.

Prior to the pandemic, engagement was rising globally, but progress has stalled. Engagement rose by 1 percentage point in 2021, but remained below its 2019 peak.

Although global wellbeing also rose by 1 percentage point, this masks larger regional differences. For example, the Australia and New Zealand region saw a 6-percentage-point increase in thriving in the past year, while Europe saw a 5-percentage-point decrease.



21%

of employees are engaged at work.

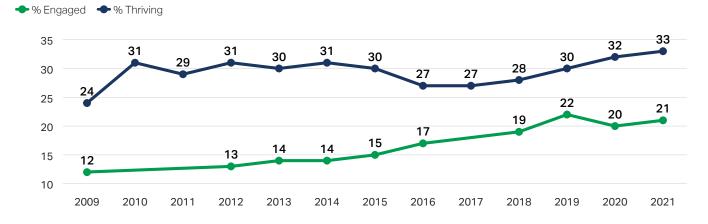


33%

of employees are thriving in their overall wellbeing.

Clearly, the COVID-19 pandemic era put a halt to a long period of gradual but general improvement among the world's workers. This matters for global economic dynamism. Gallup estimates that low engagement costs the global economy US\$7.8 trillion and accounts for 11% of GDP globally. Gallup's analysis of 112, 312 business units in 96 countries found a strong link between engagement and performance outcomes, such as retention, productivity, safety and profitability.

Employee Engagement and Life Evaluation



2. Stress among the world's workers reached an all-time high — again.

Help your employees manage negative emotions and curb burnout by focusing on **employee wellbeing**.



44%

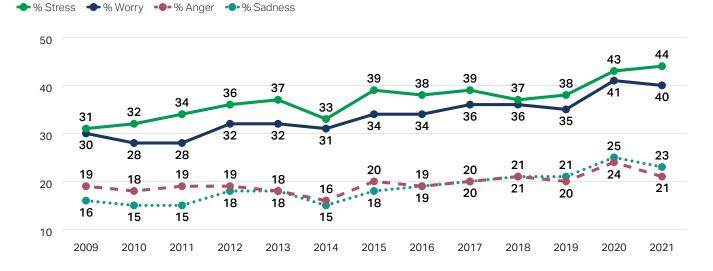
of employees experienced stress a lot of the previous day.

In 2020, the world's workers reached an all-time high for experiencing stress during a lot of the previous day. In 2021, this percentage went even higher. Those who agreed with this item may not have been stressed about work, but they were certainly stressed at work. Inevitably, the stress workers feel impacts the workplace. And while 2021 saw declines in worry, sadness and anger, all these negative emotions remained above prepandemic levels.

Note: Working women consistently report higher levels of stress across the world than working men. In the U.S. and Canada region, one in two employed women say they experienced stress a lot of the previous day.

Daily Negative Emotions

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about [worry, stress, anger, sadness]?



3. Europe and South Asia were hit particularly hard in 2021 by COVID-19 waves.



11%

of employees in South Asia are thriving — the lowest regional wellbeing in the world.

Both South Asia (which includes India) and Europe dropped 5 percentage points in wellbeing in the past year. South Asia had the lowest wellbeing in the world at 11%.

Although Gallup surveys were delivered shortly after COVID-19 variant waves, the results show just how shaken these regions were. When measuring wellbeing, Gallup asks respondents two questions: 1) how they rate their current life and 2) how they expect their life to be five years from now. In South Asia and Europe, both these evaluations went down. This means that not only did workers in these regions feel their current life was worse, but their hope for the future dropped as well. In addition, reported health problems increased by 4 percentage points in Europe, even as they fell in the majority of regions around the world, according to additional Gallup analysis.

Note: Employed women in South Asia reported the highest levels of daily anger and being disrespected in the world in 2021.

4. The job market made a remarkable recovery in the U.S. and Canada region — but not elsewhere.

Connect with Gallup to explore how we can help you hire, retain and develop engaged and thriving employees who boost your business outcomes.



45%

of employees said now is a good time to find a job.

Forty-five percent of employees said now is a good time to find a job, up slightly from last year, but less than the record 55% in 2019.

The regional outlier for this item is the United States and Canada, which leads the world at 71%, up 44 percentage points from the previous year. The next closest regions are Australia and New Zealand at 59% and South Asia at 50%.

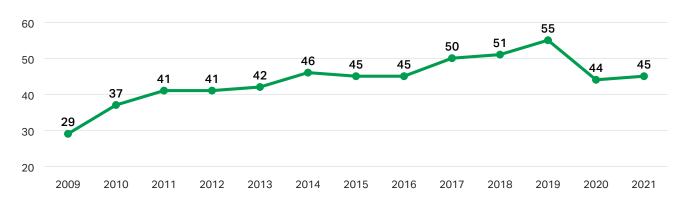
The regions with the least promising job opportunities are the Commonwealth of Independent States (35%), MENA (28%) and East Asia (27%).

Note: Gallup did not collect data from China on this item in 2021.

Job Market

Thinking about the job situation in the city or area where you live today, would you say that it is now a good time or a bad time to find a job?





5. For all its challenges, the U.S. and Canada region remains the best region in the world to be an employee.

No. 1 Employee Engagement No. 2 Wellbeing

No. 1 Job Opportunities No. 2 Living Comfortably

Despite employees in the United States and Canada region being some of the most worried and stressed workers in the world, the region also has the most engaged employees. The United States and Canada region is No. 2 for wellbeing and No. 2 for the largest increase in wellbeing in 2021. Just over half of employees say they are "living comfortably" on their household income (vs. 22% globally), and the job market in 2021 in the United States and Canada region was exceptionally good, compared with the rest of the world.

6. Employee wellbeing is the new workplace imperative.

Globally, employee engagement and wellbeing remain very low, and it's holding back enormous growth potential.

Engagement and wellbeing interact with each other in powerful ways. We often think of engagement as something that happens at work and wellbeing as something that happens outside of work, but Gallup's analysis suggests that's a false dichotomy.

- How people experience work influences their lives outside of work. Employees
 who consistently experience high levels of burnout at work say their job makes it
 difficult to fulfill their family responsibilities. They are also 23% more likely to visit the
 emergency room.
- Overall wellbeing influences life at work. Employees who are engaged at work but not thriving have a 61% higher likelihood of ongoing burnout than those who are engaged and thriving.

When Gallup looks at our global workplace data through engagement and thriving combined, the results are striking.

Stress Yesterday

49% Not Thriving-Not Engaged 30% Thriving-Engaged

Anger Yesterday

24% Not Thriving-Not Engaged 11% Thriving-Engaged

Health Problems

16% Not Thriving-Not Engaged 8% Thriving-Engaged

When employees are engaged and thriving, they experience significantly less stress, anger and health problems. Nevertheless, globally, only 9% of employees are in that thriving and engaged category — while the majority (57%) of the world's employees are not engaged and not thriving.

Organizations need to think about the whole person, not just the worker. Leaders need to add wellbeing measurements to their executive dashboards. This can alert them to critical warning signs that do not show up on traditional spreadsheets. They also need to prioritize employee wellbeing as part of their employer brand promise. When leaders take responsibility for the wellbeing of their workers, the result is not only productive organizations, but thriving individuals, families and communities.

Global Insights

United States and Canada	Sub-Saharan Africa
Latin America and the Caribbean	East Asia
Europe	South Asia
Commonwealth of Independent States	Southeast Asia
Middle East and North Africa	Australia and New Zealand

Global Summary

Employee Engagement and Life Evaluation

EMPLOYEE ENGAGEMENT

21%

LIFE EVALUATION

(Thriving)

33%

Daily Negative Emotions

DAILY WORRY

40%

DAILY STRESS

44%

DAILY ANGER

21%

DAILY SADNESS

23%

Environmental, Social and Governance

ENVIRONMENTAL

(Satisfied with country's efforts to preserve environment)

61%

SOCIAL

(Were not treated with respect all day on the previous day)

11%

GOVERNANCE

(Say corruption is widespread in their country's business)

74%

Job Market

JOB CLIMATE

(Good time to find a job)

45%

RELOCATION POTENTIAL

(Likely to move)

20%

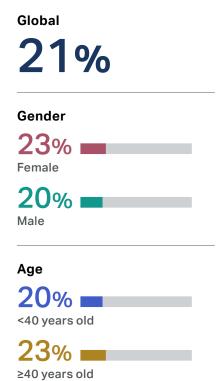
HOUSEHOLD INCOME

(Living comfortably on present income)

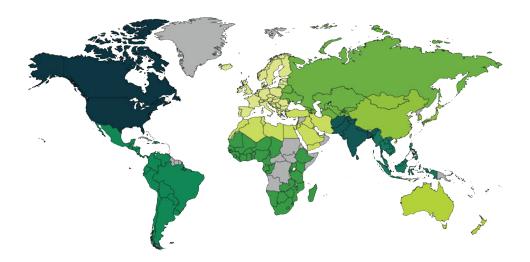
EMPLOYEE ENGAGEMENT

Gallup Q^{12} items; see "Appendix 3: Support Information" for item wording

% ENGAGED



Regional Ranking	% Engaged
1 United States and Canada	33
2 South Asia	27
3 Southeast Asia	24
4 Latin America and the Caribbean	23
5 Sub-Saharan Africa	21
6 Commonwealth of Independent States	20
7 East Asia	17
8 Australia and New Zealand	17
9 Middle East and North Africa	15
10 Europe	14



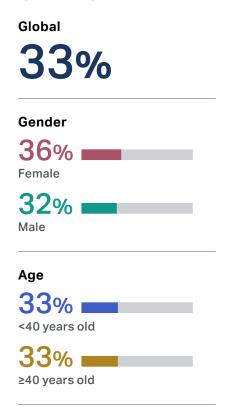
LIFE EVALUATION

Please imagine a ladder with steps numbered from zero at the bottom to 10 at the top. Suppose we say that the top of the ladder represents the best possible life for you, and the bottom of the ladder represents the worst possible life for you.

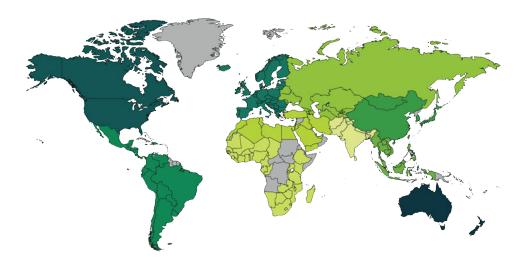
On which step of the ladder would you say you personally feel you stand at this time? (0-10)

Just your best guess, on which step do you think you will stand in the future, say about five years from now? (0-10)

% THRIVING



Regional Ranking	% Thriving
1 Australia and New Zealand	63
2 United States and Canada	60
3 Europe	47
4 Latin America and the Caribbean	43
5 East Asia	34
6 Southeast Asia	30
7 Commonwealth of Independent States	28
8 Middle East and North Africa	23
9 Sub-Saharan Africa	21
10 South Asia	11

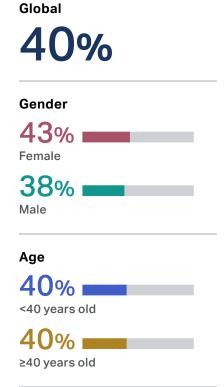


DAILY WORRY

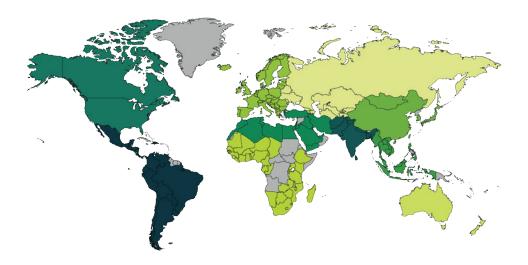
Did you experience the following feelings during A LOT OF THE DAY yesterday? How about worry?

(Yes, No)

% YES







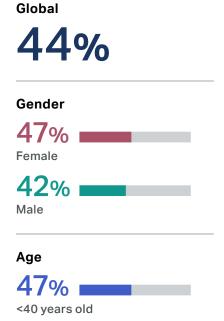
DAILY STRESS

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about stress?

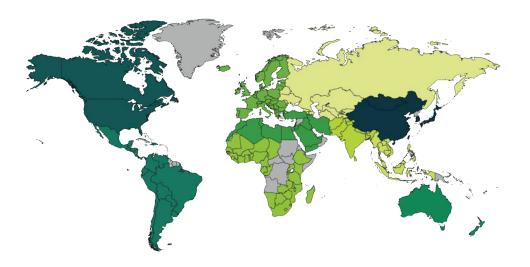
(Yes, No)

% YES

≥40 years old





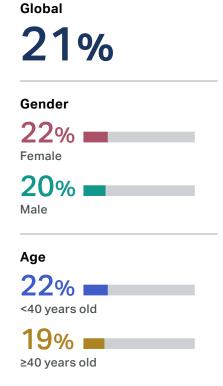


DAILY ANGER

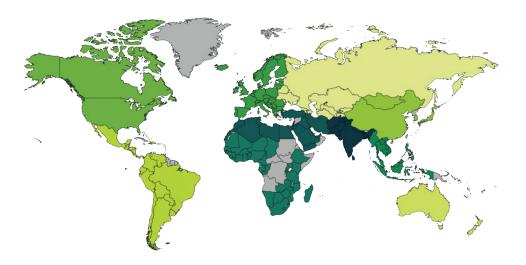
Did you experience the following feelings during A LOT OF THE DAY yesterday? How about anger?

(Yes, No)

% YES







DAILY SADNESS

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about sadness?

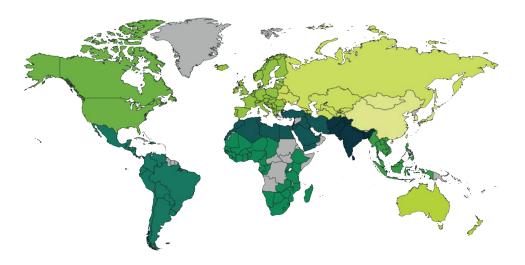
(Yes, No)

% YES

Global

23% Gender 24% Female 22% Male Age 23% <40 years old 23% ≥40 years old



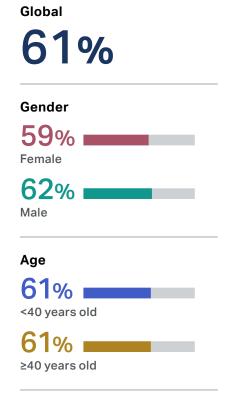


ENVIRONMENTAL

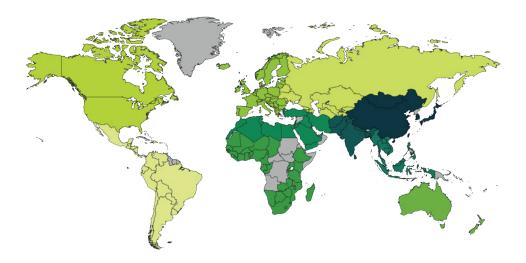
In [country], are you satisfied or dissatisfied with efforts to preserve the environment?

(Satisfied, Dissatisfied)

% SATISFIED





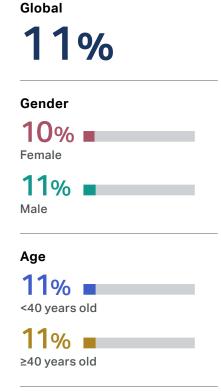


SOCIAL

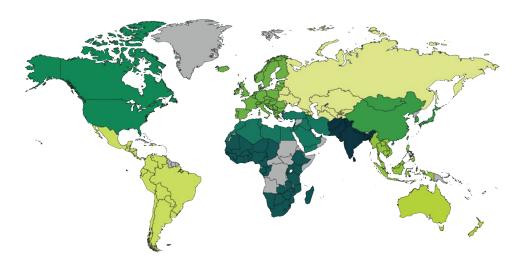
Now, please think about yesterday, from the morning until the end of the day. Think about where you were, what you were doing, who you were with and how you felt. Were you treated with respect all day yesterday?

(Yes, No)

% NO





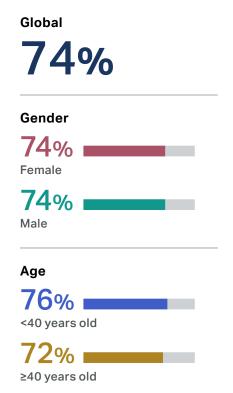


GOVERNANCE

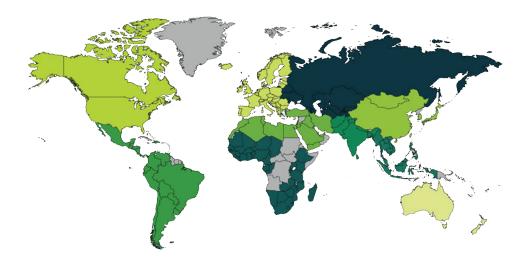
Is corruption widespread within businesses located in [country], or not?

(Yes, No)

% YES



Regional Ranking	% Ye
1 Commonwealth of Independent States	84
2 Sub-Saharan Africa	83
3 Southeast Asia	82
4 South Asia	81
5 Latin America and the Caribbean	78
6 Middle East and North Africa	76
7 East Asia	66
8 United States and Canada	63
9 Europe	60
10 Australia and New Zealand	38

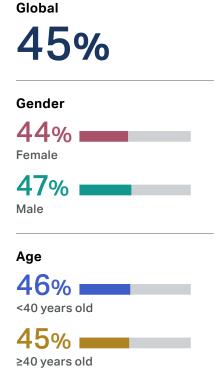


JOB CLIMATE

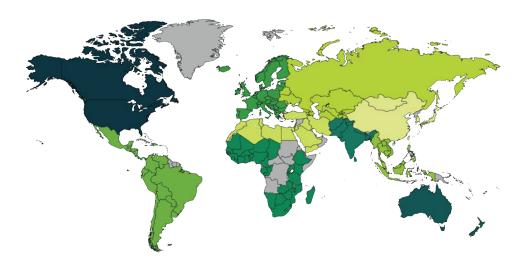
Thinking about the job situation in the city or area where you live today, would you say that it is now a good time or a bad time to find a job?

(Good time, Bad time)

% GOOD TIME



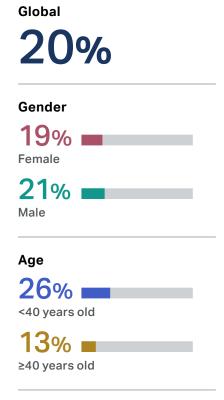




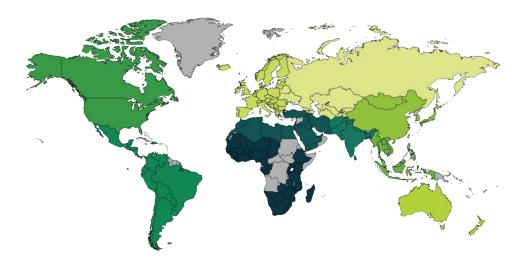
RELOCATION POTENTIAL

In the next 12 months, are you likely or unlikely to move away from the city or area where you live? (Likely to move, Unlikely to move)

% LIKELY TO MOVE







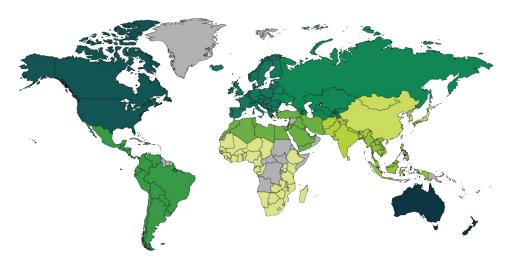
HOUSEHOLD INCOME

Which one of these phrases comes closest to your own feelings about your household's income these days?

(Living comfortably on present income, Getting by on present income, Finding it difficult on present income, Finding it very difficult on present income)

% LIVING COMFORTABLY ON PRESENT INCOME





United States and Canada

Canada, United States



TOP TAKEAWAYS

- highest regional percentage of engaged employees
- highest regional percentage of employees who say now is a good time to find a job
- second highest regional life evaluation (percentage of employees who are thriving)

Discover more global and regional insights on the state of the global workplace at Gallup.com.



Regional Summary

Employee Engagement and Life Evaluation

EMPLOYEE ENGAGEMENT

33%

LIFE EVALUATION

(Thriving)

60%

Daily Negative Emotions

(Emotions experienced during a lot of the previous day)

DAILY WORRY

41%

DAILY STRESS

50%

DAILY ANGER

18%

DAILY SADNESS

22%

Environmental, Social and Governance

ENVIRONMENTAL

(Satisfied with country's efforts to preserve environment)

43%

SOCIAL

(Were not treated with respect all day on the previous day)

10%

GOVERNANCE

(Say corruption is widespread in their country's businesses)

63%

Job Market

JOB CLIMATE

(Good time to find a job)

71%

RELOCATION POTENTIAL

(Likely to move)

20%

HOUSEHOLD INCOME

(Living comfortably on present income)



EMPLOYEE ENGAGEMENT

Gallup Q12 items; see "Appendix 3: Support Information" for item wording

% ENGAGED



33%

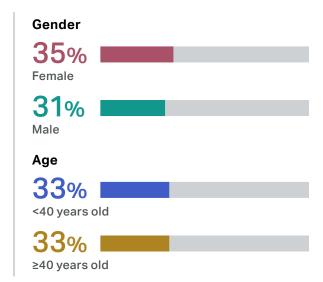
Percentage Point Change, 2020 to 2021

-1

Global

21%





LIFE EVALUATION

Please imagine a ladder with steps numbered from zero at the bottom to 10 at the top. Suppose we say that the top of the ladder represents the best possible life for you, and the bottom of the ladder represents the worst possible life for you.

On which step of the ladder would you say you personally feel you stand at this time? (0-10)

Just your best guess, on which step do you think you will stand in the future, say about five years from now? (0-10)

% THRIVING

Regional

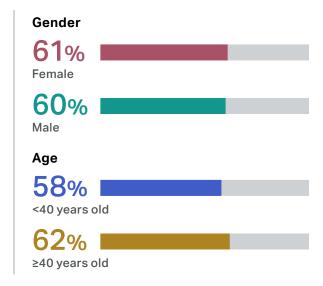
60%

Percentage Point Change, 2020 to 2021

+5

Global







DAILY WORRY

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about worry?

(Yes, No)

% YES



41%

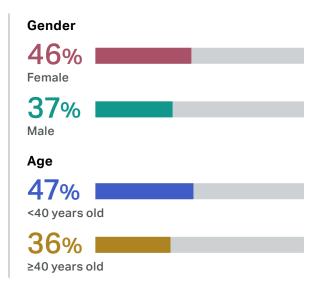
Percentage Point Change, 2020 to 2021

-6

Global

40%





DAILY STRESS

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about stress?

(Yes, No)

% YES

Regional

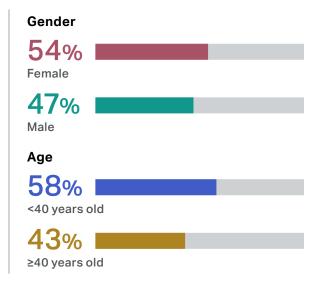
50%

Percentage Point Change, 2020 to 2021

-7

Global







DAILY ANGER

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about anger?

(Yes, No)

% YES



18%

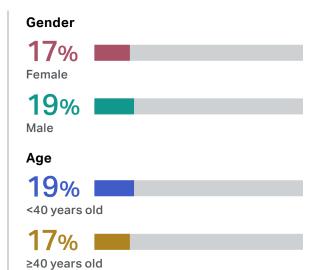
Percentage Point Change, 2020 to 2021

-4

Global

21%





DAILY SADNESS

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about sadness?

(Yes, No)

% YES

Regional

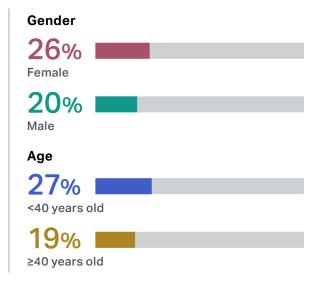
22%

Percentage Point Change, 2020 to 2021

-3

Global







ENVIRONMENTAL

In [country], are you satisfied or dissatisfied with efforts to preserve the environment?

(Satisfied, Dissatisfied)

% SATISFIED



43%

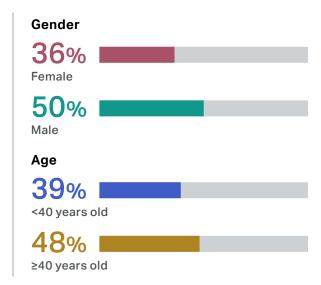
Percentage Point Change, 2020 to 2021

-3

Global

61%





SOCIAL

Now, please think about yesterday, from the morning until the end of the day. Think about where you were, what you were doing, who you were with and how you felt. Were you treated with respect all day yesterday?

(Yes, No)

% NO

Regional

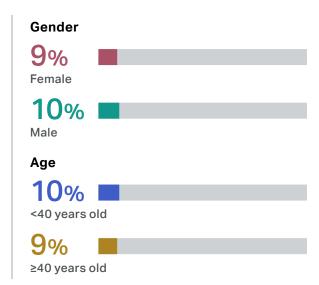
10%

Percentage Point Change, 2020 to 2021

+3

Global







GOVERNANCE

Is corruption widespread within businesses located in [country], or not?

(Yes, No)

% YES



63%

Percentage Point Change, 2020 to 2021

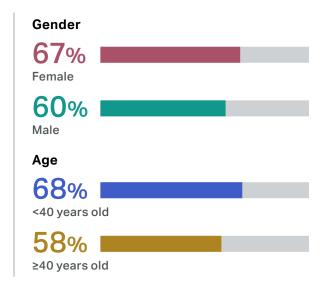
+2

Global

74%



Due to the sensitive nature of the topic of corruption, Gallup is not reporting country-level data for this item.



JOB CLIMATE

Thinking about the job situation in the city or area where you live today, would you say that it is now a good time or a bad time to find a job?

(Good time, Bad time)

% GOOD TIME

Regional

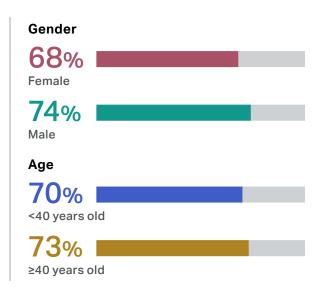
71%

Percentage Point Change, 2020 to 2021

+44

Global







RELOCATION POTENTIAL

In the next 12 months, are you likely or unlikely to move away from the city or area where you live?

(Likely to move, Unlikely to move)

% LIKELY TO MOVE



20%

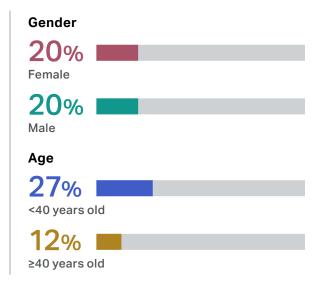
Percentage Point Change, 2020 to 2021

+3

Global

20%





HOUSEHOLD INCOME

Which one of these phrases comes closest to your own feelings about your household's income these days?

(Living comfortably on present income, Getting by on present income, Finding it difficult on present income, Finding it very difficult on present income)

% LIVING COMFORTABLY ON PRESENT INCOME



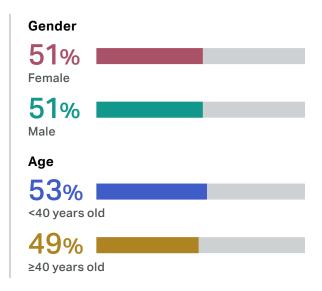
51%

Global

22%

Note: There is no comparison data available for this item since it was not asked in previous years.





Latin America and the Caribbean

Argentina, Bolivia, Brazil, Chile, Colombia, Costa Rica, Dominican Republic, Ecuador, El Salvador, Guatemala, Honduras, Jamaica, Mexico, Nicaragua, Panama, Paraguay, Peru, Uruguay, Venezuela



TOP TAKEAWAYS

- highest regional percentage of daily worry
- lowest regional percentage of employees who are satisfied with their country's efforts to preserve the environment
- second lowest regional percentage of employees who say they were not treated with respect all day on the previous day

Discover more global and regional insights on the state of the global workplace at Gallup.com.

 Countries that Gallup included in analysis of this region



Regional Summary

Employee Engagement and Life Evaluation

EMPLOYEE ENGAGEMENT

23%

LIFE EVALUATION

(Thriving)

43%

Daily Negative Emotions

(Emotions experienced during a lot of the previous day)

DAILY WORRY

53%

DAILY STRESS

50%

DAILY ANGER

15%

DAILY SADNESS

27%

Environmental, Social and Governance

ENVIRONMENTAL

(Satisfied with country's efforts to preserve environment)

30%

SOCIAL

(Were not treated with respect all day on the previous day)

7%

GOVERNANCE

(Say corruption is widespread in their country's businesses)

78%

Job Market

JOB CLIMATE

(Good time to find a job)

41%

RELOCATION POTENTIAL

(Likely to move)

23%

HOUSEHOLD INCOME

(Living comfortably on present income)



EMPLOYEE ENGAGEMENT

Gallup Q12 items; see "Appendix 3: Support Information" for item wording

% ENGAGED



23%

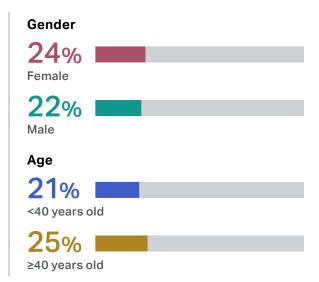
Percentage Point Change, 2020 to 2021

-2

Global

21%





LIFE EVALUATION

Please imagine a ladder with steps numbered from zero at the bottom to 10 at the top. Suppose we say that the top of the ladder represents the best possible life for you, and the bottom of the ladder represents the worst possible life for you.

On which step of the ladder would you say you personally feel you stand at this time? (0-10)

Just your best guess, on which step do you think you will stand in the future, say about five years from now? (0-10)

% THRIVING

Regional

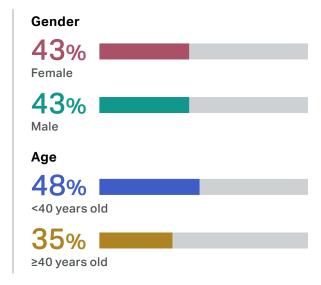
43%

Percentage Point Change, 2020 to 2021

+4

Global







DAILY WORRY

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about worry?

(Yes, No)

% YES



53%

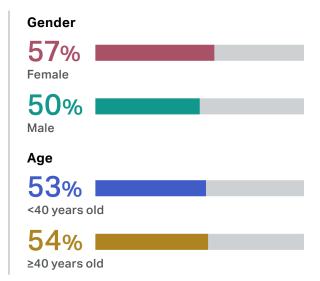
Percentage Point Change, 2020 to 2021

-2

Global

40%





DAILY STRESS

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about stress?

(Yes, No)

% YES

Regional

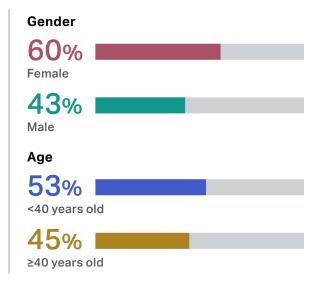
50%

Percentage Point Change, 2020 to 2021

+1

Global







DAILY ANGER

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about anger?

(Yes, No)

% YES



15%

Percentage Point Change, 2020 to 2021

-4

Global

21%



Gender



Age



≥40 years old

DAILY SADNESS

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about sadness?

(Yes, No)

% YES

Regional

27%

Percentage Point Change, 2020 to 2021

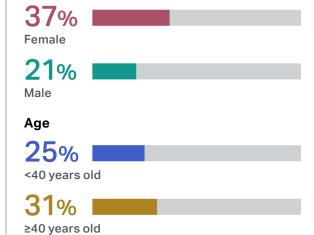
-2

Global

23%



Gender





ENVIRONMENTAL

In [country], are you satisfied or dissatisfied with efforts to preserve the environment?

(Satisfied, Dissatisfied)

% SATISFIED



30%

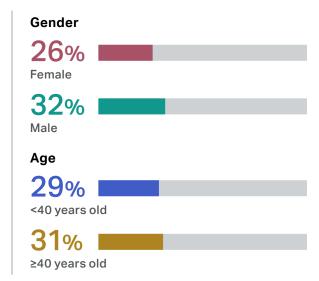
Percentage Point Change, 2020 to 2021

-2

Global

61%





SOCIAL

Now, please think about yesterday, from the morning until the end of the day. Think about where you were, what you were doing, who you were with and how you felt. Were you treated with respect all day yesterday?

(Yes, No)

% NO

Regional

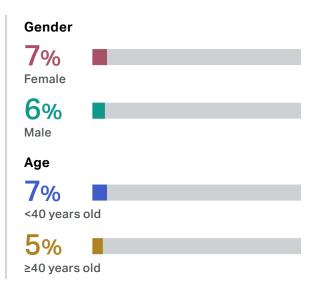
7%

Percentage Point Change, 2020 to 2021

+1

Global







GOVERNANCE

Is corruption widespread within businesses located in [country], or not?

(Yes, No)

% YES



78%

Percentage Point Change, 2020 to 2021

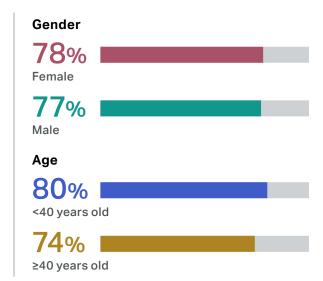
-1

Global

74%



Due to the sensitive nature of the topic of corruption, Gallup is not reporting country-level data for this item.



JOB CLIMATE

Thinking about the job situation in the city or area where you live today, would you say that it is now a good time or a bad time to find a job?

(Good time, Bad time)

% GOOD TIME

Regional

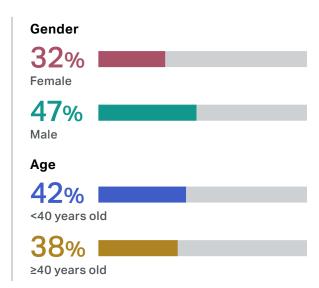
41%

Percentage Point Change, 2020 to 2021

+11

Global







RELOCATION POTENTIAL

In the next 12 months, are you likely or unlikely to move away from the city or area where you live?

(Likely to move, Unlikely to move)

% LIKELY TO MOVE



23%

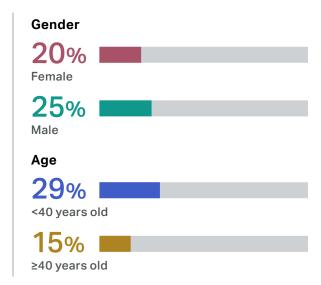
Percentage Point Change, 2020 to 2021

0

Global

20%





HOUSEHOLD INCOME

Which one of these phrases comes closest to your own feelings about your household's income these days?

(Living comfortably on present income, Getting by on present income, Finding it difficult on present income, Finding it very difficult on present income)

% LIVING COMFORTABLY ON PRESENT INCOME

Regional

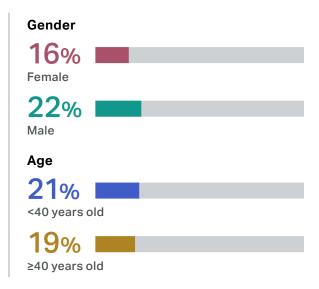
20%

Global

22%

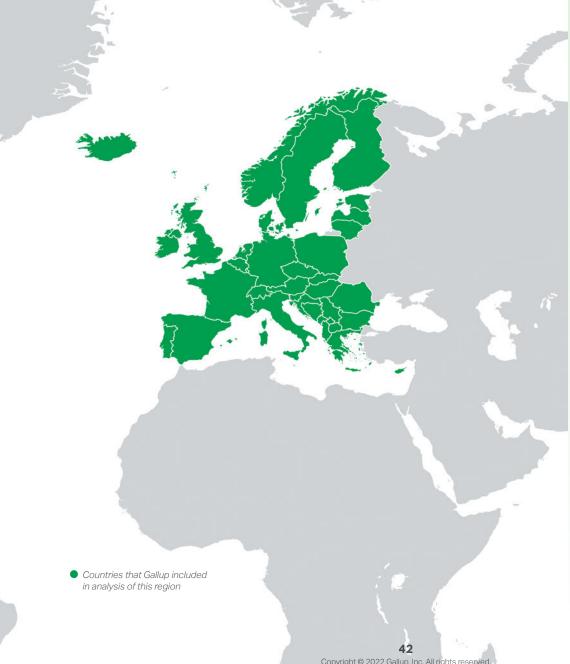
Note: There is no comparison data available for this item since it was not asked in previous years.





Europe

Albania, Austria, Belgium, Bosnia and Herzegovina, Bulgaria, Croatia, Cyprus, Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Iceland, Ireland, Italy, Kosovo, Latvia, Lithuania, Luxembourg, Malta, Montenegro, Netherlands, North Macedonia, Northern Cyprus (Territory of Republic of Cyprus), Norway, Poland, Portugal, Romania, Serbia, Slovakia, Slovenia, Spain, Sweden, Switzerland, United Kingdom



TOP TAKEAWAYS

- lowest regional percentage of engaged employees
- second lowest regional percentage of employees who say corruption is widespread in their country's businesses
- second lowest regional percentage of employees who say they are likely to move in the next 12 months

Discover more global and regional insights on the state of the global workplace at Gallup.com.

Regional Summary

Employee Engagement and Life Evaluation

EMPLOYEE ENGAGEMENT

14%

LIFE EVALUATION

(Thriving)

47%

Daily Negative Emotions

(Emotions experienced during a lot of the previous day)

DAILY WORRY

37%

DAILY STRESS

39%

DAILY ANGER

19%

DAILY SADNESS

21%

Environmental, Social and Governance

ENVIRONMENTAL

(Satisfied with country's efforts to preserve environment)

44%

SOCIAL

(Were not treated with respect all day on the previous day)

8%

GOVERNANCE

(Say corruption is widespread in their country's businesses)

60%

Job Market

JOB CLIMATE

(Good time to find a job)

44%

RELOCATION POTENTIAL

(Likely to move)

14%

HOUSEHOLD INCOME

(Living comfortably on present income)



EMPLOYEE ENGAGEMENT

Gallup Q12 items; see "Appendix 3: Support Information" for item wording

% ENGAGED



14%

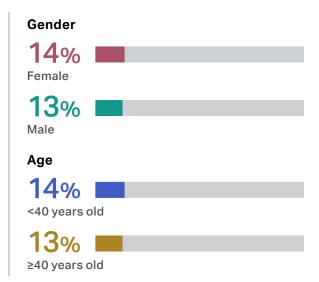
Percentage Point Change, 2020 to 2021

0

Global

21%





LIFE EVALUATION

Please imagine a ladder with steps numbered from zero at the bottom to 10 at the top. Suppose we say that the top of the ladder represents the best possible life for you, and the bottom of the ladder represents the worst possible life for you.

On which step of the ladder would you say you personally feel you stand at this time? (0-10)

Just your best guess, on which step do you think you will stand in the future, say about five years from now? (0-10)

% THRIVING

Regional

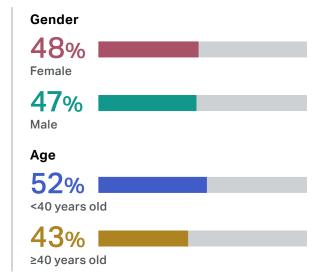
47%

Percentage Point Change, 2020 to 2021

-5

Global







DAILY WORRY

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about worry?

(Yes, No)

% YES



37%

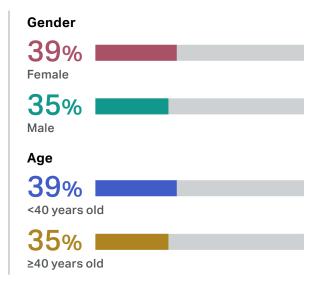
Percentage Point Change, 2020 to 2021

0

Global

40%





DAILY STRESS

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about stress?

(Yes, No)

% YES

Regional

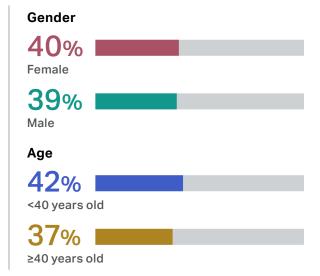
39%

Percentage Point Change, 2020 to 2021

0

Global





DAILY ANGER

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about anger?

(Yes, No)

% YES



19%

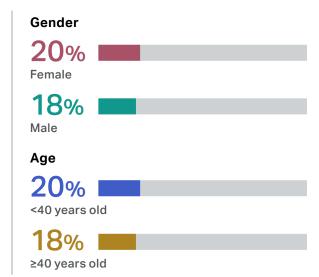
Percentage Point Change, 2020 to 2021

+3

Global

21%





DAILY SADNESS

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about sadness?

(Yes, No)

% YES

Regional

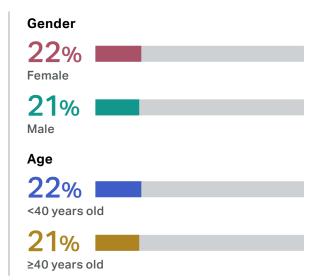
21%

Percentage Point Change, 2020 to 2021

+2

Global





ENVIRONMENTAL

In [country], are you satisfied or dissatisfied with efforts to preserve the environment?

(Satisfied, Dissatisfied)

% SATISFIED



44%

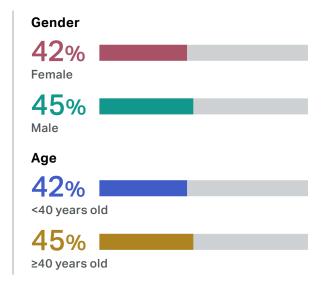
Percentage Point Change, 2020 to 2021

0

Global

61%





SOCIAL

Now, please think about yesterday, from the morning until the end of the day. Think about where you were, what you were doing, who you were with and how you felt. Were you treated with respect all day yesterday?

(Yes, No)

% NO

Regional

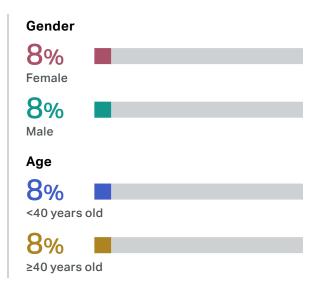
8%

Percentage Point Change, 2020 to 2021

+2

Global





GOVERNANCE

Is corruption widespread within businesses located in [country], or not?

(Yes, No)

% YES



60%

Percentage Point Change, 2020 to 2021

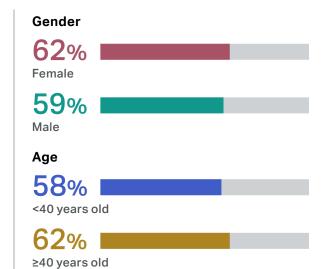
-1

Global

74%



Due to the sensitive nature of the topic of corruption, Gallup is not reporting country-level data for this item.



JOB CLIMATE

Thinking about the job situation in the city or area where you live today, would you say that it is now a good time or a bad time to find a job?

(Good time, Bad time)

% GOOD TIME

Regional

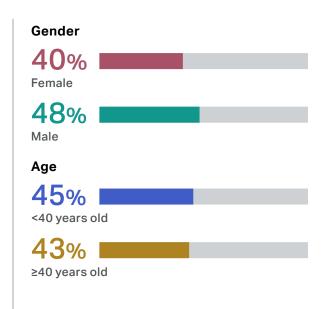
44%

Percentage Point Change, 2020 to 2021

+16

Global





RELOCATION POTENTIAL

In the next 12 months, are you likely or unlikely to move away from the city or area where you live?

(Likely to move, Unlikely to move)

% LIKELY TO MOVE



14%

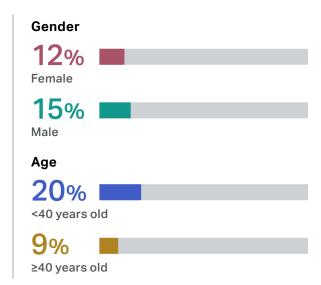
Percentage Point Change, 2020 to 2021

0

Global

20%





HOUSEHOLD INCOME

Which one of these phrases comes closest to your own feelings about your household's income these days?

(Living comfortably on present income, Getting by on present income, Finding it difficult on present income, Finding it very difficult on present income)

% LIVING COMFORTABLY ON PRESENT INCOME



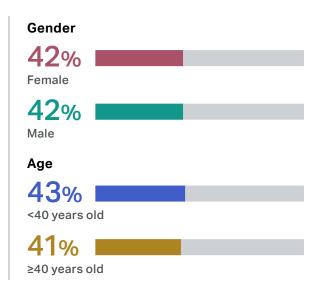
42%

Global

22%

Note: There is no comparison data available for this item since it was not asked in previous years.





Commonwealth of Independent States

Armenia, Azerbaijan, Belarus, Georgia, Kazakhstan, Kyrgyzstan, Moldova, Russia, Tajikistan, Turkmenistan, Ukraine, Uzbekistan



*Note: Georgia formally withdrew from the Commonwealth of Independent States (CIS) in 2009. Ukraine terminated its participation with the statutory bodies of CIS in 2018. These countries are included with the region for comparison purposes because of the historical association. Also, data for this region were collected prior to the Russian invasion of Ukraine in late February 2022 and may not be representative of current sentiments in the region.

 Countries that Gallup included in analysis of this region

TOP TAKEAWAYS

- highest regional percentage of employees who say corruption is widespread in their country's businesses
- lowest regional percentage of daily worry, daily stress and daily anger
- lowest regional percentage of employees who say they are likely to move in the next 12 months.*

Discover more global and regional insights on the state of the global workplace at Gallup.com.



Regional Summary

Employee Engagement and Life Evaluation

EMPLOYEE ENGAGEMENT

20%

LIFE EVALUATION

(Thriving)

28%

Daily Negative Emotions

(Emotions experienced during a lot of the previous day)

DAILY WORRY

22%

DAILY STRESS

19%

DAILY ANGER

12%

DAILY SADNESS

17%

Environmental, Social and Governance

ENVIRONMENTAL

(Satisfied with country's efforts to preserve environment)

35%

SOCIAL

(Were not treated with respect all day on the previous day)

6%

GOVERNANCE

(Say corruption is widespread in their country's businesses)

84%

Job Market

JOB CLIMATE

(Good time to find a job)

35%

RELOCATION POTENTIAL

(Likely to move)

11%

HOUSEHOLD INCOME

(Living comfortably on present income)



EMPLOYEE ENGAGEMENT

Gallup Q12 items; see "Appendix 3: Support Information" for item wording

% ENGAGED

Regional

20%

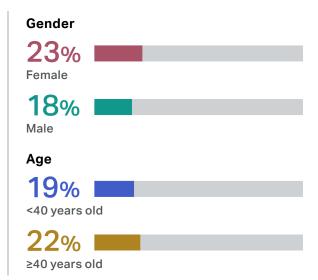
Percentage Point Change, 2020 to 2021

-3

Global

21%





LIFE EVALUATION

Please imagine a ladder with steps numbered from zero at the bottom to 10 at the top. Suppose we say that the top of the ladder represents the best possible life for you, and the bottom of the ladder represents the worst possible life for you.

On which step of the ladder would you say you personally feel you stand at this time? (0-10)

Just your best guess, on which step do you think you will stand in the future, say about five years from now? (0-10)

% THRIVING

Regional

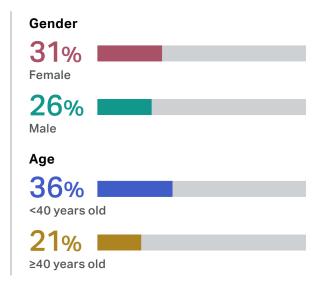
28%

Percentage Point Change, 2020 to 2021

-3

Global







DAILY WORRY

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about worry?

(Yes, No)

% YES



22%

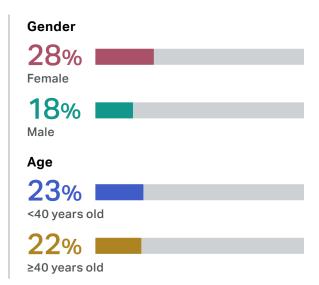
Percentage Point Change, 2020 to 2021

-4

Global

40%





DAILY STRESS

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about stress?

(Yes, No)

% YES

Regional

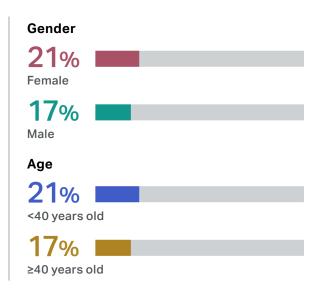
19%

Percentage Point Change, 2020 to 2021

-2

Global







DAILY ANGER

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about anger?

(Yes, No)

% YES



12%

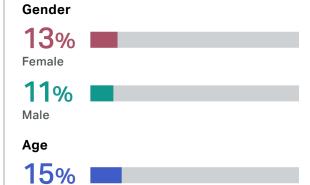
Percentage Point Change, 2020 to 2021

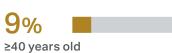
-4

Global

21%







<40 years old

DAILY SADNESS

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about sadness?

(Yes, No)

% YES

Regional

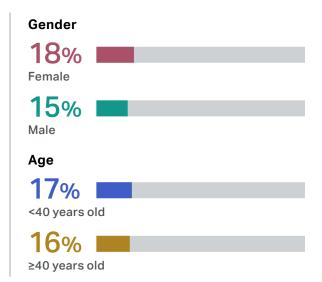
17%

Percentage Point Change, 2020 to 2021

-5

Global







ENVIRONMENTAL

In [country], are you satisfied or dissatisfied with efforts to preserve the environment?

(Satisfied, Dissatisfied)

% SATISFIED



35%

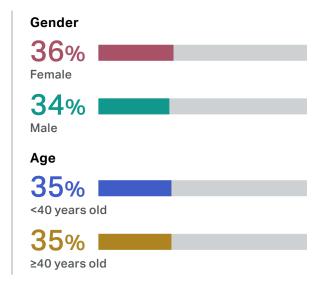
Percentage Point Change, 2020 to 2021

-3

Global

61%





SOCIAL

Now, please think about yesterday, from the morning until the end of the day. Think about where you were, what you were doing, who you were with and how you felt. Were you treated with respect all day yesterday?

(Yes, No)

% NO

Regional

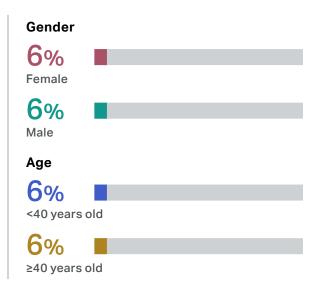
6%

Percentage Point Change, 2020 to 2021

-3

Global







GOVERNANCE

Is corruption widespread within businesses located in [country], or not?

(Yes, No)

% YES



84%

Percentage Point Change, 2020 to 2021

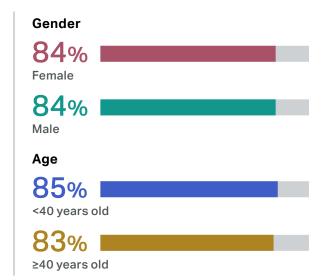
0

Global

74%



Due to the sensitive nature of the topic of corruption, Gallup is not reporting country-level data for this item.



JOB CLIMATE

Thinking about the job situation in the city or area where you live today, would you say that it is now a good time or a bad time to find a job?

(Good time, Bad time)

% GOOD TIME



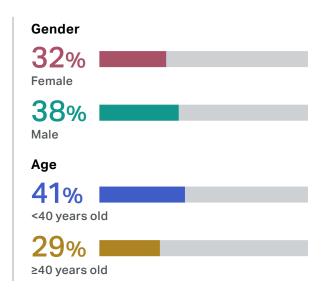
35%

Percentage Point Change, 2020 to 2021

+3

Global







RELOCATION POTENTIAL

In the next 12 months, are you likely or unlikely to move away from the city or area where you live?

(Likely to move, Unlikely to move)

% LIKELY TO MOVE



11%

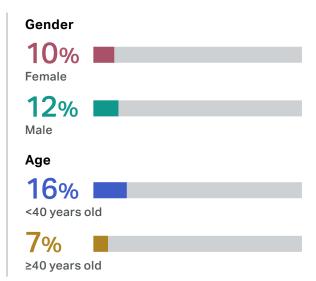
Percentage Point Change, 2020 to 2021

0

Global

20%





HOUSEHOLD INCOME

Which one of these phrases comes closest to your own feelings about your household's income these days?

(Living comfortably on present income, Getting by on present income, Finding it difficult on present income, Finding it very difficult on present income)

% LIVING COMFORTABLY ON PRESENT INCOME



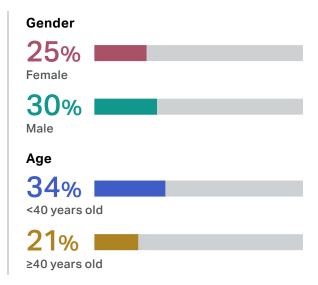
28%

Global

22%

Note: There is no comparison data available for this item since it was not asked in previous years.





Middle East and North Africa

Algeria, Bahrain, Egypt, Iran, Iraq, Israel, Jordan, Kuwait, Lebanon, Libya, Morocco, Palestinian Territories, Saudi Arabia, Tunisia, Turkey, United Arab Emirates, Yemen



TOP TAKEAWAYS

- second highest regional percentage of daily anger
- second highest regional percentage of daily sadness
- second highest regional percentage of employees who say they are likely to move in the next 12 months

Discover more global and regional insights on the state of the global workplace at Gallup.com.

Countries that Gallup included in analysis of this region



Regional Summary

Employee Engagement and Life Evaluation

EMPLOYEE ENGAGEMENT

15%

LIFE EVALUATION

(Thriving)

23%

Daily Negative Emotions

(Emotions experienced during a lot of the previous day)

DAILY WORRY

40%

DAILY STRESS

45%

DAILY ANGER

32%

DAILY SADNESS

30%

Environmental, Social and Governance

ENVIRONMENTAL

(Satisfied with country's efforts to preserve environment)

50%

SOCIAL

(Were not treated with respect all day on the previous day)

12%

GOVERNANCE

(Say corruption is widespread in their country's businesses)

76%

Job Market

JOB CLIMATE

(Good time to find a job)

28%

RELOCATION POTENTIAL

(Likely to move)

26%

HOUSEHOLD INCOME

(Living comfortably on present income)



EMPLOYEE ENGAGEMENT

Gallup Q12 items; see "Appendix 3: Support Information" for item wording

% ENGAGED



15%

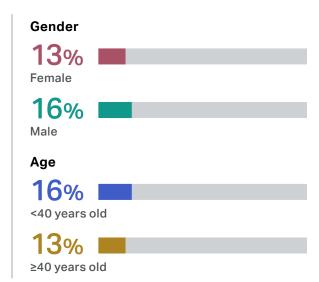
Percentage Point Change, 2020 to 2021

-1

Global

21%





LIFE EVALUATION

Please imagine a ladder with steps numbered from zero at the bottom to 10 at the top. Suppose we say that the top of the ladder represents the best possible life for you, and the bottom of the ladder represents the worst possible life for you.

On which step of the ladder would you say you personally feel you stand at this time? (0-10)

Just your best guess, on which step do you think you will stand in the future, say about five years from now? (0-10)

% THRIVING

Regional

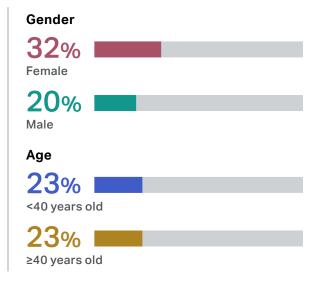
23%

Percentage Point Change, 2020 to 2021

-2

Global







DAILY WORRY

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about worry?

(Yes, No)

% YES



40%

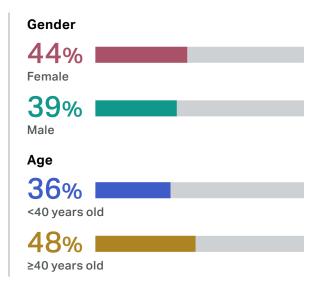
Percentage Point Change, 2020 to 2021

-7

Global

40%





DAILY STRESS

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about stress?

(Yes, No)

% YES

Regional

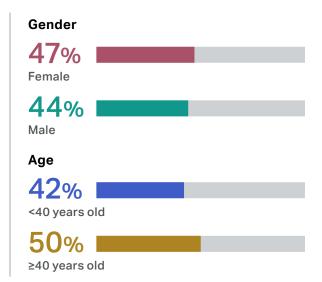
45%

Percentage Point Change, 2020 to 2021

-5

Global







DAILY ANGER

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about anger?

(Yes, No)

% YES



32%

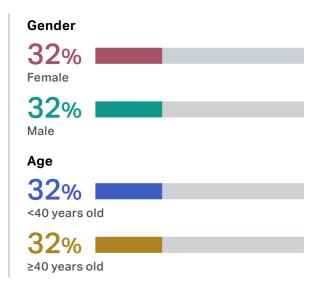
Percentage Point Change, 2020 to 2021

-6

Global

21%





DAILY SADNESS

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about sadness?

(Yes, No)

% YES

Regional

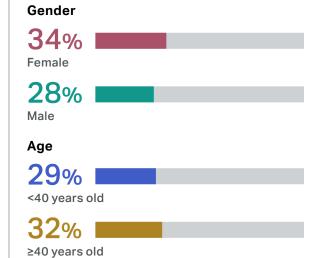
30%

Percentage Point Change, 2020 to 2021

-5

Global







ENVIRONMENTAL

In [country], are you satisfied or dissatisfied with efforts to preserve the environment?

(Satisfied, Dissatisfied)

% SATISFIED



50%

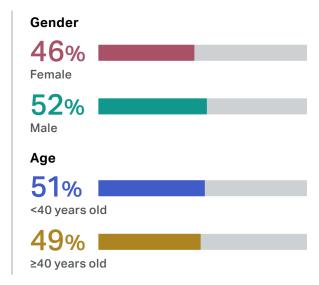
Percentage Point Change, 2020 to 2021

+1

Global

61%





SOCIAL

Now, please think about yesterday, from the morning until the end of the day. Think about where you were, what you were doing, who you were with and how you felt. Were you treated with respect all day yesterday?

(Yes, No)

% NO

Regional

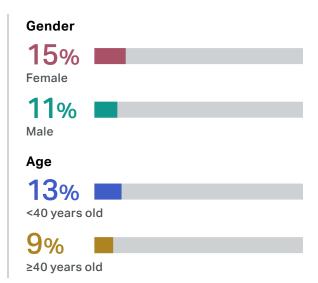
12%

Percentage Point Change, 2020 to 2021

0

Global







GOVERNANCE

Is corruption widespread within businesses located in [country], or not?

(Yes, No)

% YES



76%

Percentage Point Change, 2020 to 2021

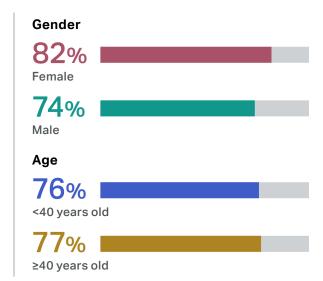
-3

Global

74%



Due to the sensitive nature of the topic of corruption, Gallup is not reporting country-level data for this item.



JOB CLIMATE

Thinking about the job situation in the city or area where you live today, would you say that it is now a good time or a bad time to find a job?

(Good time, Bad time)

% GOOD TIME

Regional

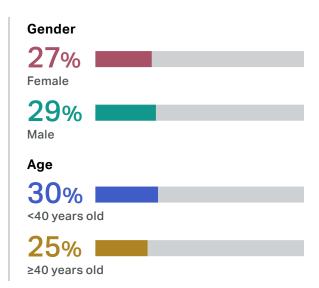
28%

Percentage Point Change, 2020 to 2021

+3

Global







RELOCATION POTENTIAL

In the next 12 months, are you likely or unlikely to move away from the city or area where you live?

(Likely to move, Unlikely to move)

% LIKELY TO MOVE



26%

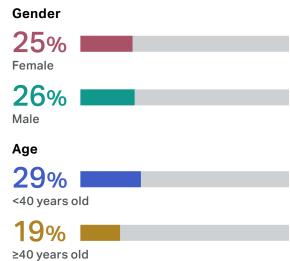
Percentage Point Change, 2020 to 2021

-4

Global

20%





HOUSEHOLD INCOME

Which one of these phrases comes closest to your own feelings about your household's income these days?

(Living comfortably on present income, Getting by on present income, Finding it difficult on present income, Finding it very difficult on present income)

% LIVING COMFORTABLY ON PRESENT INCOME

Regional

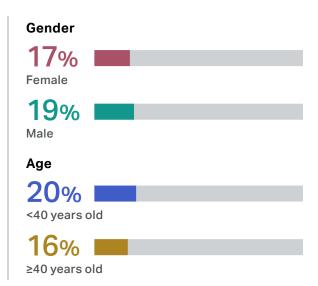
19%

Global

22%

Note: There is no comparison data available for this item since it was not asked in previous years.





Sub-Saharan Africa

Benin, Botswana, Burkina Faso, Cameroon, Chad, Comoros, Côte d'Ivoire, Eswatini, Ethiopia, Gabon, Ghana, Guinea, Kenya, Lesotho, Liberia, Madagascar, Malawi, Mali, Mauritania, Mauritius, Mozambique, Namibia, Niger, Nigeria, Republic of the Congo, Rwanda, Senegal, Sierra Leone, South Africa, Tanzania, The Gambia, Togo, Uganda, Zambia, Zimbabwe



TOP TAKEAWAYS

- highest regional percentage of employees who say they are likely to move in the next 12 months
- lowest regional percentage of employees living comfortably on present household income
- second highest regional percentage of employees who say they were not treated with respect all day on the previous day

Discover more global and regional insights on the state of the global workplace at Gallup.com.

 Countries that Gallup included in analysis of this region

Regional Summary

Employee Engagement and Life Evaluation

EMPLOYEE ENGAGEMENT

21%

LIFE EVALUATION

(Thriving)

21%

Daily Negative Emotions

(Emotions experienced during a lot of the previous day)

DAILY WORRY

36%

DAILY STRESS

39%

DAILY ANGER

22%

DAILY SADNESS

23%

Environmental, Social and Governance

ENVIRONMENTAL

(Satisfied with country's efforts to preserve environment)

45%

SOCIAL

(Were not treated with respect all day on the previous day)

16%

GOVERNANCE

(Say corruption is widespread in their country's businesses)

83%

Job Market

JOB CLIMATE

(Good time to find a job)

46%

RELOCATION POTENTIAL

(Likely to move)

40%

HOUSEHOLD INCOME

(Living comfortably on present income)



EMPLOYEE ENGAGEMENT

Gallup Q12 items; see "Appendix 3: Support Information" for item wording

% ENGAGED



21%

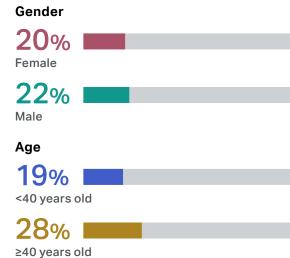
Percentage Point Change, 2020 to 2021

+3

Global

21%





LIFE EVALUATION

Please imagine a ladder with steps numbered from zero at the bottom to 10 at the top. Suppose we say that the top of the ladder represents the best possible life for you, and the bottom of the ladder represents the worst possible life for you.

On which step of the ladder would you say you personally feel you stand at this time? (0-10)

Just your best guess, on which step do you think you will stand in the future, say about five years from now? (0-10)

% THRIVING

Regional

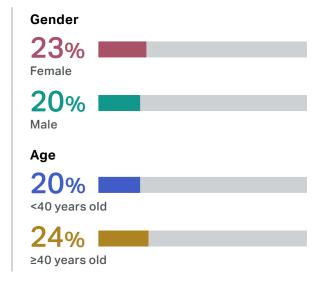
21%

Percentage Point Change, 2020 to 2021

-1

Global





DAILY WORRY

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about worry?

(Yes, No)

% YES



36%

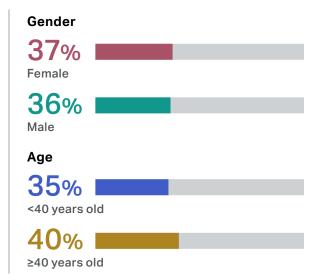
Percentage Point Change, 2020 to 2021

-10

Global

40%





DAILY STRESS

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about stress?

(Yes, No)

% YES

Regional

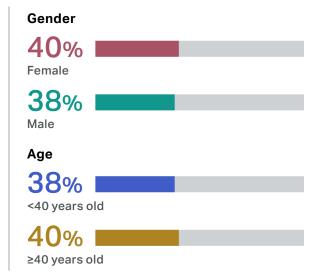
39%

Percentage Point Change, 2020 to 2021

-8

Global





DAILY ANGER

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about anger?

(Yes, No)

% YES



22%

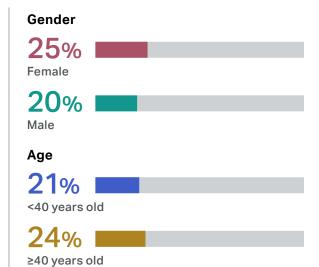
Percentage Point Change, 2020 to 2021

-4

Global

21%





DAILY SADNESS

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about sadness?

(Yes, No)

% YES

Regional

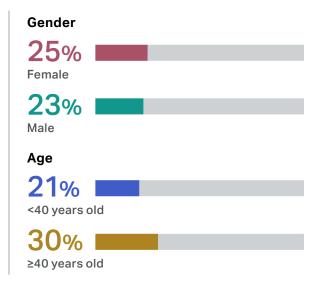
23%

Percentage Point Change, 2020 to 2021

-7

Global





ENVIRONMENTAL

In [country], are you satisfied or dissatisfied with efforts to preserve the environment?

(Satisfied, Dissatisfied)

% SATISFIED



45%

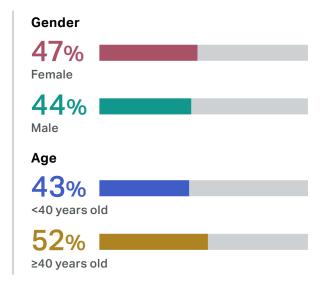
Percentage Point Change, 2020 to 2021

-7

Global

61%





SOCIAL

Now, please think about yesterday, from the morning until the end of the day. Think about where you were, what you were doing, who you were with and how you felt. Were you treated with respect all day yesterday?

(Yes, No)

% NO

Regional

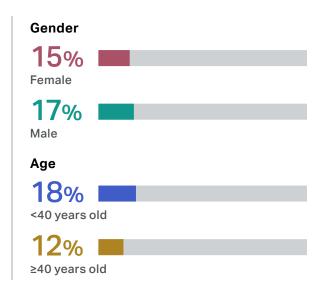
16%

Percentage Point Change, 2020 to 2021

-3

Global





GOVERNANCE

Is corruption widespread within businesses located in [country], or not?

(Yes, No)

% YES



83%

Percentage Point Change, 2020 to 2021

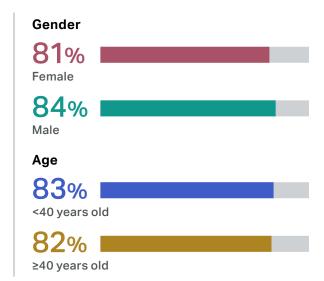
-1

Global

74%



Due to the sensitive nature of the topic of corruption, Gallup is not reporting country-level data for this item.



JOB CLIMATE

Thinking about the job situation in the city or area where you live today, would you say that it is now a good time or a bad time to find a job?

(Good time, Bad time)

% GOOD TIME

Regional

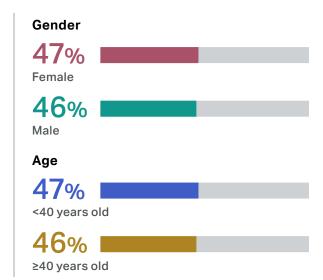
46%

Percentage Point Change, 2020 to 2021

+1

Global





RELOCATION POTENTIAL

In the next 12 months, are you likely or unlikely to move away from the city or area where you live?

(Likely to move, Unlikely to move)

% LIKELY TO MOVE



40%

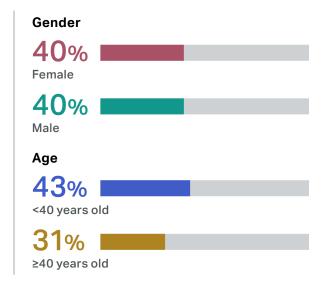
Percentage Point Change, 2020 to 2021

-13

Global

20%





HOUSEHOLD INCOME

Which one of these phrases comes closest to your own feelings about your household's income these days?

(Living comfortably on present income, Getting by on present income, Finding it difficult on present income, Finding it very difficult on present income)

% LIVING COMFORTABLY ON PRESENT INCOME



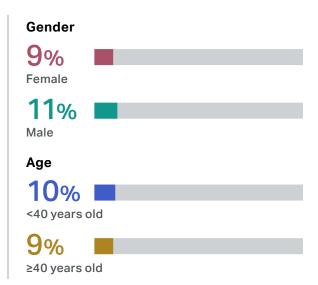
10%

Global

22%

Note: There is no comparison data available for this item since it was not asked in previous years.





East Asia

China, Hong Kong, S.A.R. of China, Japan, Mongolia, South Korea, Taiwan, Province of China



TOP TAKEAWAYS

- highest regional percentage of daily stress
- highest regional percentage of employees who are satisfied with their country's efforts to preserve the environment
- lowest percentage of employees who say now is a good time to find a job

Discover more global and regional insights on the state of the global workplace at Gallup.com.

Regional Summary

Employee Engagement and Life Evaluation

EMPLOYEE ENGAGEMENT

17%

LIFE EVALUATION

(Thriving)

34%

Daily Negative Emotions

(Emotions experienced during a lot of the previous day)

DAILY WORRY

37%

DAILY STRESS

55%

DAILY ANGER

17%

DAILY SADNESS

12%

Environmental, Social and Governance

ENVIRONMENTAL

(Satisfied with country's efforts to preserve environment)

81%

SOCIAL

(Were not treated with respect all day on the previous day)

10%

GOVERNANCE

(Say corruption is widespread in their country's businesses)

66%

Job Market

JOB CLIMATE

(Good time to find a job)

27%

RELOCATION POTENTIAL

(Likely to move)

17%

HOUSEHOLD INCOME

(Living comfortably on present income)

EMPLOYEE ENGAGEMENT

Gallup Q12 items; see "Appendix 3: Support Information" for item wording

% ENGAGED



17%

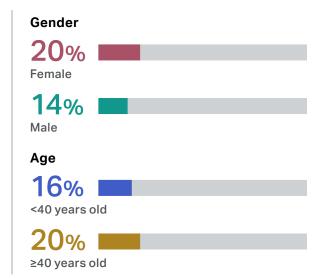
Percentage Point Change, 2020 to 2021

+3

Global

21%





LIFE EVALUATION

Please imagine a ladder with steps numbered from zero at the bottom to 10 at the top. Suppose we say that the top of the ladder represents the best possible life for you, and the bottom of the ladder represents the worst possible life for you.

On which step of the ladder would you say you personally feel you stand at this time? (0-10)

Just your best guess, on which step do you think you will stand in the future, say about five years from now? (0-10)

% THRIVING

Regional

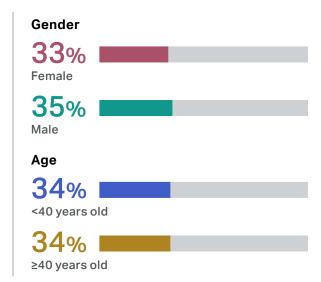
34%

Percentage Point Change, 2020 to 2021

+5

Global





DAILY WORRY

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about worry?

(Yes, No)

% YES



37%

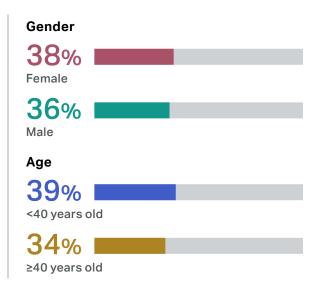
Percentage Point Change, 2020 to 2021

+2

Global

40%





DAILY STRESS

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about stress?

(Yes, No)

% YES

Regional

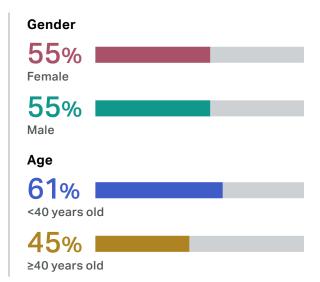
55%

Percentage Point Change, 2020 to 2021

+4

Global





DAILY ANGER

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about anger?

(Yes, No)

% YES



17%

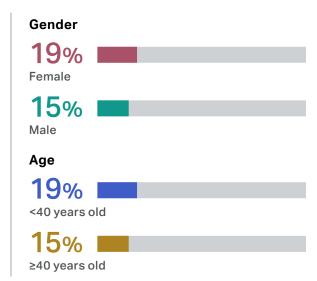
Percentage Point Change, 2020 to 2021

-4

Global

21%





DAILY SADNESS

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about sadness?

(Yes, No)

% YES

Regional

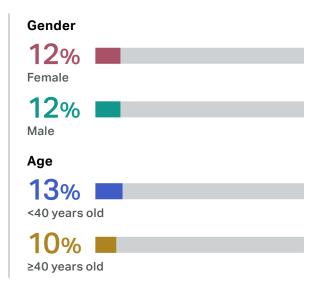
12%

Percentage Point Change, 2020 to 2021

-3

Global





ENVIRONMENTAL

In [country], are you satisfied or dissatisfied with efforts to preserve the environment?

(Satisfied, Dissatisfied)

% SATISFIED



81%

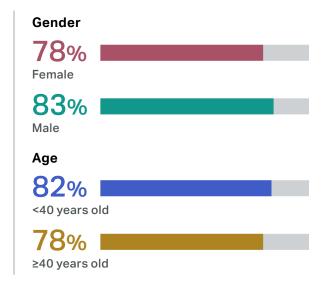
Percentage Point Change, 2020 to 2021

+1

Global

61%





SOCIAL

Now, please think about yesterday, from the morning until the end of the day. Think about where you were, what you were doing, who you were with and how you felt. Were you treated with respect all day yesterday?

(Yes, No)

% NO

Regional

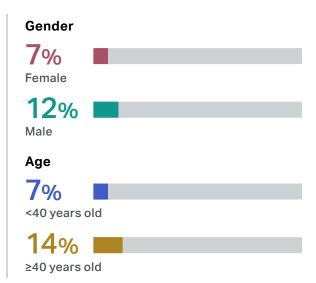
10%

Percentage Point Change, 2020 to 2021

-3

Global





GOVERNANCE

Is corruption widespread within businesses located in [country], or not?

(Yes, No)

% YES



66%

Percentage Point Change, 2020 to 2021

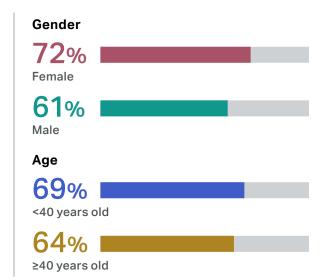
+4

Global

74%



Due to the sensitive nature of the topic of corruption, Gallup is not reporting country-level data for this item.



JOB CLIMATE

Thinking about the job situation in the city or area where you live today, would you say that it is now a good time or a bad time to find a job?

(Good time, Bad time)

% GOOD TIME

Regional

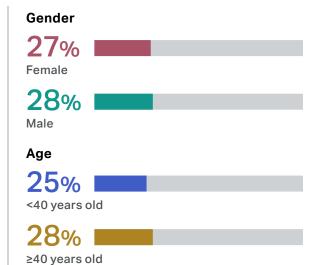
27%

Percentage Point Change, 2020 to 2021

+11

Global





RELOCATION POTENTIAL

In the next 12 months, are you likely or unlikely to move away from the city or area where you live?

(Likely to move, Unlikely to move)

% LIKELY TO MOVE



17%

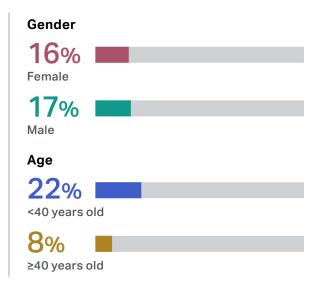
Percentage Point Change, 2020 to 2021

-1

Global

20%





HOUSEHOLD INCOME

Which one of these phrases comes closest to your own feelings about your household's income these days?

(Living comfortably on present income, Getting by on present income, Finding it difficult on present income, Finding it very difficult on present income)

% LIVING COMFORTABLY ON PRESENT INCOME

Regional

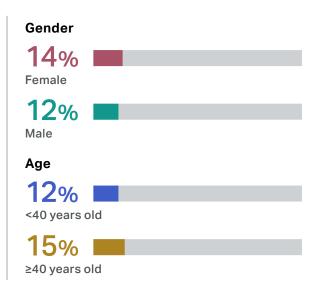
13%

Global

22%

Note: There is no comparison data available for this item since it was not asked in previous years.





South Asia

Afghanistan, Bangladesh, India, Nepal, Pakistan, Sri Lanka



TOP TAKEAWAYS

- highest regional percentage of daily sadness
- highest regional percentage of employees who say they were not treated with respect all day on the previous day
- lowest regional life evaluation (percentage of employees who are thriving)

Discover more global and regional insights on the state of the global workplace at Gallup.com.

 Countries that Gallup included in analysis of this region

Regional Summary

Employee Engagement and Life Evaluation

EMPLOYEE ENGAGEMENT

27%

LIFE EVALUATION

(Thriving)

11%

Daily Negative Emotions

DAILY WORRY

49%

DAILY STRESS

35%

DAILY ANGER

34%

DAILY SADNESS

42%

Environmental, Social and Governance

ENVIRONMENTAL

(Satisfied with country's efforts to preserve environment)

75%

SOCIAL

(Were not treated with respect all day on the previous day)

19%

GOVERNANCE

(Say corruption is widespread in their country's businesses)

81%

Job Market

JOB CLIMATE

(Good time to find a job)

50%

RELOCATION POTENTIAL

(Likely to move)

26%

HOUSEHOLD INCOME

(Living comfortably on present income)

EMPLOYEE ENGAGEMENT

Gallup Q12 items; see "Appendix 3: Support Information" for item wording

% ENGAGED



27%

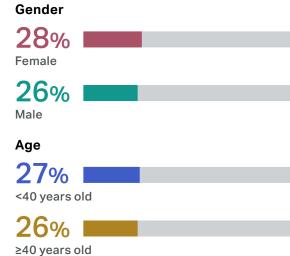
Percentage Point Change, 2020 to 2021

+9

Global

21%





LIFE EVALUATION

Please imagine a ladder with steps numbered from zero at the bottom to 10 at the top. Suppose we say that the top of the ladder represents the best possible life for you, and the bottom of the ladder represents the worst possible life for you.

On which step of the ladder would you say you personally feel you stand at this time? (0-10)

Just your best guess, on which step do you think you will stand in the future, say about five years from now? (0-10)

% THRIVING

Regional

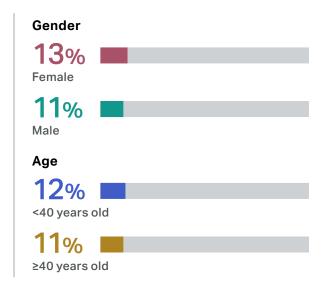
11%

Percentage Point Change, 2020 to 2021

-5

Global





DAILY WORRY

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about worry?

(Yes, No)

% YES



49%

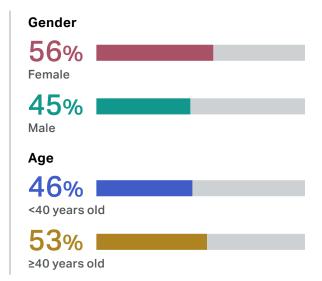
Percentage Point Change, 2020 to 2021

+3

Global

40%





DAILY STRESS

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about stress?

(Yes, No)

% YES

Regional

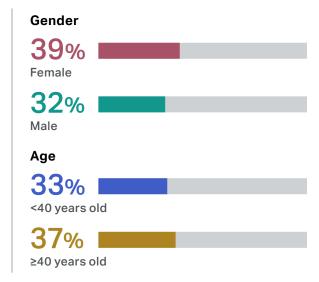
35%

Percentage Point Change, 2020 to 2021

+4

Global





DAILY ANGER

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about anger?

(Yes, No)

% YES



34%

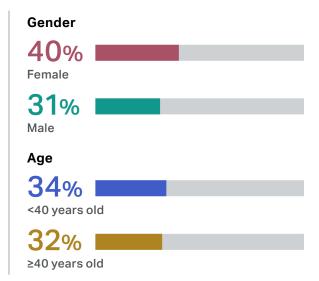
Percentage Point Change, 2020 to 2021

-2

Global

21%





DAILY SADNESS

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about sadness?

(Yes, No)

% YES

Regional

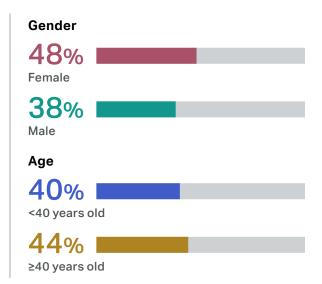
42%

Percentage Point Change, 2020 to 2021

+5

Global





ENVIRONMENTAL

In [country], are you satisfied or dissatisfied with efforts to preserve the environment?

(Satisfied, Dissatisfied)

% SATISFIED



75%

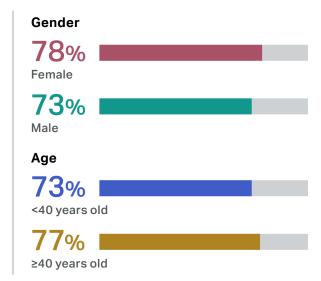
Percentage Point Change, 2020 to 2021

-3

Global

61%





SOCIAL

Now, please think about yesterday, from the morning until the end of the day. Think about where you were, what you were doing, who you were with and how you felt. Were you treated with respect all day yesterday?

(Yes, No)

% NO

Regional

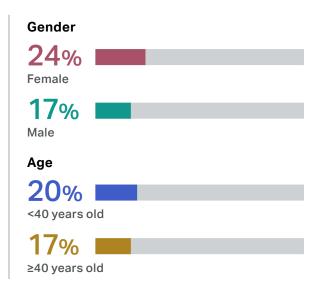
19%

Percentage Point Change, 2020 to 2021

+3

Global





GOVERNANCE

Is corruption widespread within businesses located in [country], or not?

(Yes, No)

% YES



81%

Percentage Point Change, 2020 to 2021

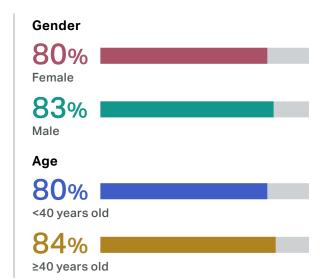
0

Global

74%



Due to the sensitive nature of the topic of corruption, Gallup is not reporting country-level data for this item.



JOB CLIMATE

Thinking about the job situation in the city or area where you live today, would you say that it is now a good time or a bad time to find a job?

(Good time, Bad time)

% GOOD TIME

Regional

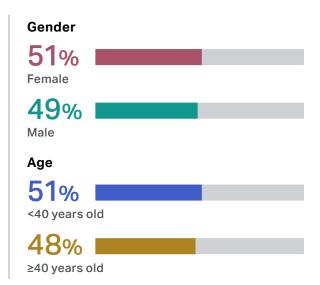
50%

Percentage Point Change, 2020 to 2021

-5

Global





RELOCATION POTENTIAL

In the next 12 months, are you likely or unlikely to move away from the city or area where you live?

(Likely to move, Unlikely to move)

% LIKELY TO MOVE



26%

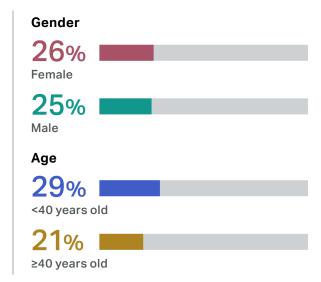
Percentage Point Change, 2020 to 2021

+5

Global

20%





HOUSEHOLD INCOME

Which one of these phrases comes closest to your own feelings about your household's income these days?

(Living comfortably on present income, Getting by on present income, Finding it difficult on present income, Finding it very difficult on present income)

% LIVING COMFORTABLY ON PRESENT INCOME



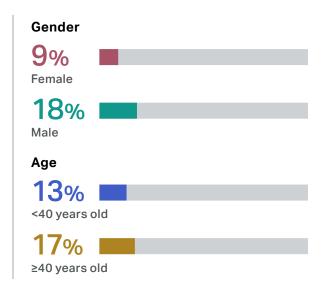
15%

Global

22%

Note: There is no comparison data available for this item since it was not asked in previous years.





Southeast Asia

Cambodia, Indonesia, Laos, Malaysia, Myanmar, Philippines, Singapore, Thailand, Vietnam



TOP TAKEAWAYS

- second lowest regional percentage of daily stress
- third highest regional percentage of engaged employees
- third highest regional percentage of employees who say corruption is widespread in their country's businesses

Discover more global and regional insights on the state of the global workplace at Gallup.com.

Regional Summary

Employee Engagement and Life Evaluation

EMPLOYEE ENGAGEMENT

24%

LIFE EVALUATION

(Thriving)

30%

Daily Negative Emotions

(Emotions experienced during a lot of the previous day)

DAILY WORRY

37%

DAILY STRESS

31%

DAILY ANGER

20%

DAILY SADNESS

23%

Environmental, Social and Governance

ENVIRONMENTAL

(Satisfied with country's efforts to preserve environment)

68%

SOCIAL

(Were not treated with respect all day on the previous day)

7%

GOVERNANCE

(Say corruption is widespread in their country's businesses)

82%

Job Market

JOB CLIMATE

(Good time to find a job)

40%

RELOCATION POTENTIAL

(Likely to move)

20%

HOUSEHOLD INCOME

(Living comfortably on present income)

EMPLOYEE ENGAGEMENT

Gallup Q12 items; see "Appendix 3: Support Information" for item wording

% ENGAGED



24%

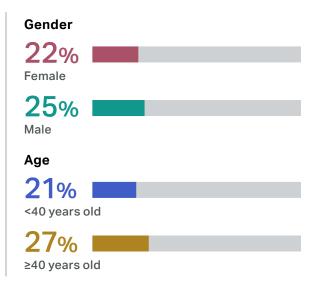
Percentage Point Change, 2020 to 2021

0

Global

21%





LIFE EVALUATION

Please imagine a ladder with steps numbered from zero at the bottom to 10 at the top. Suppose we say that the top of the ladder represents the best possible life for you, and the bottom of the ladder represents the worst possible life for you.

On which step of the ladder would you say you personally feel you stand at this time? (0-10)

Just your best guess, on which step do you think you will stand in the future, say about five years from now? (0-10)

% THRIVING

Regional

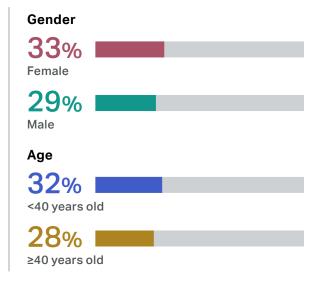
30%

Percentage Point Change, 2020 to 2021

+4

Global







DAILY WORRY

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about worry?

(Yes, No)

% YES



37%

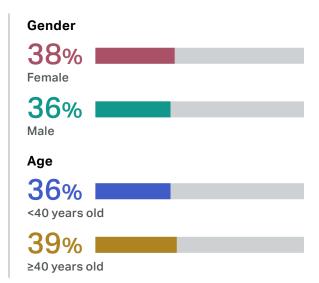
Percentage Point Change, 2020 to 2021

-9

Global

40%





DAILY STRESS

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about stress?

(Yes, No)

% YES

Regional

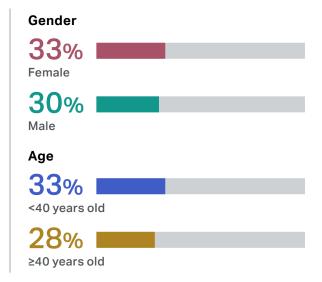
31%

Percentage Point Change, 2020 to 2021

-5

Global







DAILY ANGER

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about anger?

(Yes, No)

% YES



20%

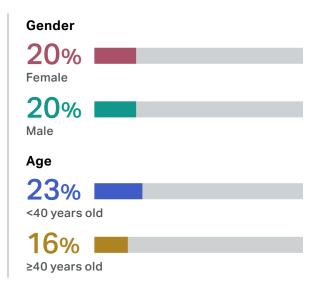
Percentage Point Change, 2020 to 2021

-4

Global

21%





DAILY SADNESS

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about sadness?

(Yes, No)

% YES

Regional

23%

Percentage Point Change, 2020 to 2021

-7

Global





















ENVIRONMENTAL

In [country], are you satisfied or dissatisfied with efforts to preserve the environment?

(Satisfied, Dissatisfied)

% SATISFIED



68%

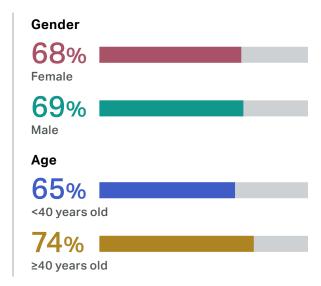
Percentage Point Change, 2020 to 2021

-4

Global

61%





SOCIAL

Now, please think about yesterday, from the morning until the end of the day. Think about where you were, what you were doing, who you were with and how you felt. Were you treated with respect all day yesterday?

(Yes, No)

% NO

Regional

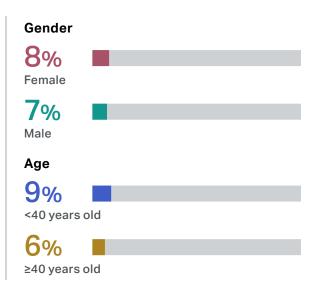
7%

Percentage Point Change, 2020 to 2021

-2

Global





GOVERNANCE

Is corruption widespread within businesses located in [country], or not?

(Yes, No)

% YES



82%

Percentage Point Change, 2020 to 2021

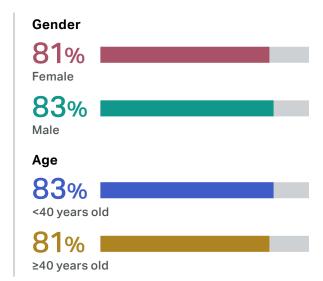
-2

Global

74%



Due to the sensitive nature of the topic of corruption, Gallup is not reporting country-level data for this item.



JOB CLIMATE

Thinking about the job situation in the city or area where you live today, would you say that it is now a good time or a bad time to find a job?

(Good time, Bad time)

% GOOD TIME

Regional

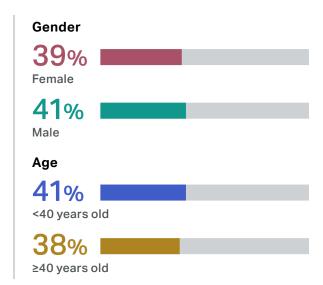
40%

Percentage Point Change, 2020 to 2021

-3

Global





RELOCATION POTENTIAL

In the next 12 months, are you likely or unlikely to move away from the city or area where you live?

(Likely to move, Unlikely to move)

% LIKELY TO MOVE



20%

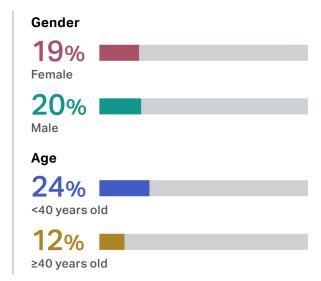
Percentage Point Change, 2020 to 2021

-1

Global

20%





HOUSEHOLD INCOME

Which one of these phrases comes closest to your own feelings about your household's income these days?

(Living comfortably on present income, Getting by on present income, Finding it difficult on present income, Finding it very difficult on present income)

% LIVING COMFORTABLY ON PRESENT INCOME



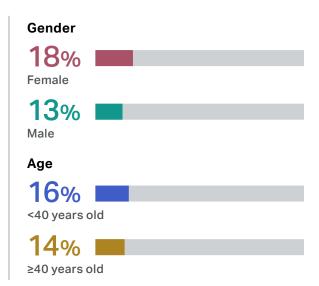
15%

Global

22%

Note: There is no comparison data available for this item since it was not asked in previous years.





Australia and New Zealand

Australia, New Zealand



TOP TAKEAWAYS

- highest regional life evaluation (percentage of employees who are thriving)
- highest regional percentage of employees living comfortably on present household income
- lowest regional percentage of employees who say corruption is widespread in their country's businesses

Discover more global and regional insights on the state of the global workplace at Gallup.com.

Countries that Gallup included in analysis of this region



Regional Summary

Employee Engagement and Life Evaluation

EMPLOYEE ENGAGEMENT

17%

LIFE EVALUATION

(Thriving)

63%

Daily Negative Emotions

DAILY WORRY

36%

DAILY STRESS

47%

DAILY ANGER

14%

DAILY SADNESS

20%

Environmental, Social and Governance

ENVIRONMENTAL

(Satisfied with country's efforts to preserve environment)

45%

SOCIAL

(Were not treated with respect all day on the previous day)

7%

GOVERNANCE

(Say corruption is widespread in their country's businesses)

38%

Job Market

JOB CLIMATE

(Good time to find a job)

59%

RELOCATION POTENTIAL

(Likely to move)

14%

HOUSEHOLD INCOME

(Living comfortably on present income)



EMPLOYEE ENGAGEMENT

Gallup Q12 items; see "Appendix 3: Support Information" for item wording

% ENGAGED

Regional

17%

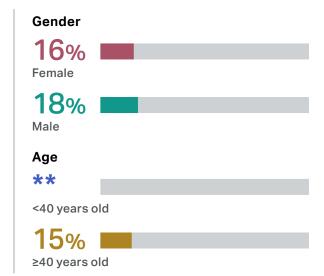
Percentage Point Change, 2020 to 2021

-3

Global

21%





LIFE EVALUATION

Please imagine a ladder with steps numbered from zero at the bottom to 10 at the top. Suppose we say that the top of the ladder represents the best possible life for you, and the bottom of the ladder represents the worst possible life for you.

On which step of the ladder would you say you personally feel you stand at this time? (0-10)

Just your best guess, on which step do you think you will stand in the future, say about five years from now? (0-10)

% THRIVING

Regional

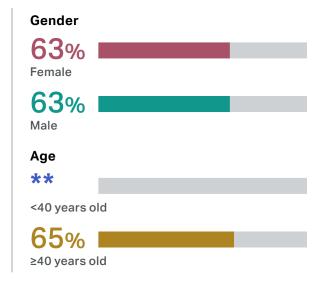
63%

Percentage Point Change, 2020 to 2021

+6

Global





^{**}This data point is not provided due to small sample size.

^{**}This data point is not provided due to small sample size.



DAILY WORRY

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about worry?

(Yes, No)

% YES

Regional

36%

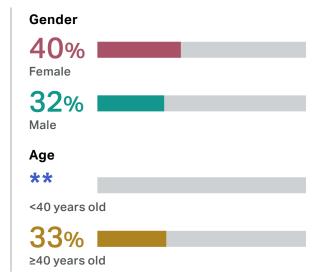
Percentage Point Change, 2020 to 2021

+5

Global

40%





DAILY STRESS

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about stress?

(Yes, No)

% YES

Regional

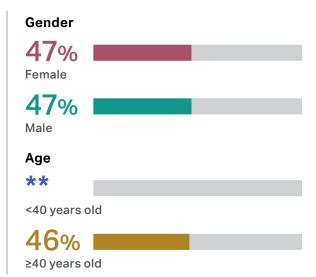
47%

Percentage Point Change, 2020 to 2021

+2

Global





^{**}This data point is not provided due to small sample size.

^{**}This data point is not provided due to small sample size.



DAILY ANGER

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about anger?

(Yes, No)

% YES

Regional

14%

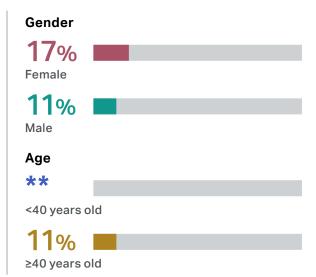
Percentage Point Change, 2020 to 2021

+1

Global

21%





DAILY SADNESS

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about sadness?

(Yes, No)

% YES

Regional

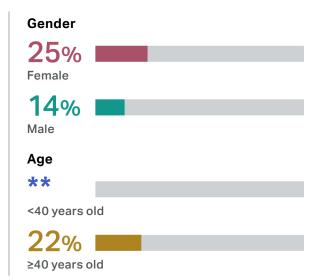
20%

Percentage Point Change, 2020 to 2021

+3

Global





^{**}This data point is not provided due to small sample size.

^{**}This data point is not provided due to small sample size.



ENVIRONMENTAL

In [country], are you satisfied or dissatisfied with efforts to preserve the environment?

(Satisfied, Dissatisfied)

% SATISFIED



45%

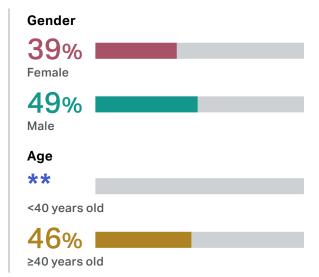
Percentage Point Change, 2020 to 2021

+3

Global

61%





SOCIAL

Now, please think about yesterday, from the morning until the end of the day. Think about where you were, what you were doing, who you were with and how you felt. Were you treated with respect all day yesterday?

(Yes, No)

% NO

Regional

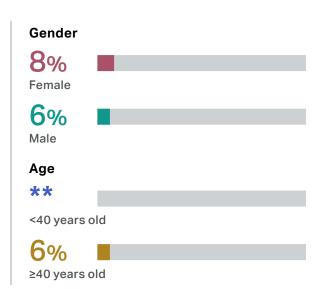
7%

Percentage Point Change, 2020 to 2021

0

Global





^{**}This data point is not provided due to small sample size.

^{**}This data point is not provided due to small sample size.



GOVERNANCE

Is corruption widespread within businesses located in [country], or not?

(Yes, No)

% YES



38%

Percentage Point Change, 2020 to 2021

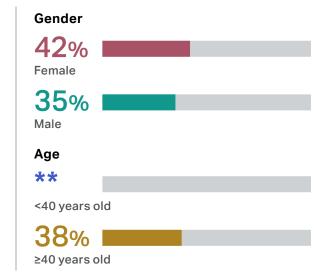
-2

Global

74%



Due to the sensitive nature of the topic of corruption, Gallup is not reporting country-level data for this item.



JOB CLIMATE

Thinking about the job situation in the city or area where you live today, would you say that it is now a good time or a bad time to find a job?

(Good time, Bad time)

% GOOD TIME

Regional

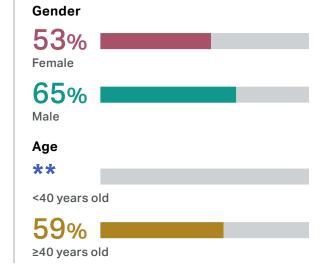
59%

Percentage Point Change, 2020 to 2021

+14

Global





^{**}This data point is not provided due to small sample size.

^{**}This data point is not provided due to small sample size.



RELOCATION POTENTIAL

In the next 12 months, are you likely or unlikely to move away from the city or area where you live?

(Likely to move, Unlikely to move)

% LIKELY TO MOVE



14%

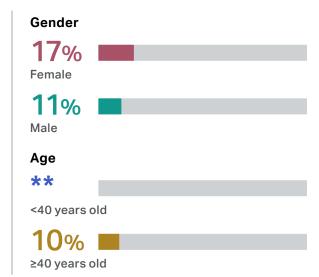
Percentage Point Change, 2020 to 2021

-4

Global

20%



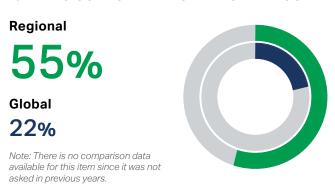


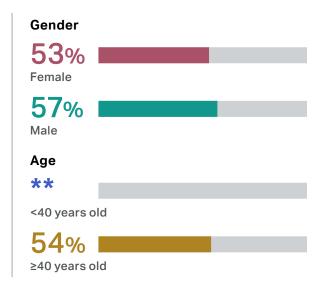
HOUSEHOLD INCOME

Which one of these phrases comes closest to your own feelings about your household's income these days?

(Living comfortably on present income, Getting by on present income, Finding it difficult on present income, Finding it very difficult on present income)

% LIVING COMFORTABLY ON PRESENT INCOME





^{**}This data point is not provided due to small sample size.

^{**}This data point is not provided due to small sample size.

Appendix 1: Country/Area Comparisons

United States and Canada

EMPLOYEE ENGAGEMENT

Gallup Q12 items; see "Appendix 3: Support Information" for item wording

Rank	Country	Change*	% Engaged
1	United States	+1	35
2	Canada	+2	21

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

LIFE EVALUATION

Please imagine a ladder with steps numbered from zero at the bottom to 10 at the top. Suppose we say that the top of the ladder represents the best possible life for you, and the bottom of the ladder represents the worst possible life for you.

On which step of the ladder would you say you personally feel you stand at this time? (0-10)

Just your best guess, on which step do you think you will stand in the future, say about five years from now? (0-10)

Rank	Country	Change*	% Thriving
1	Canada	0	63
2	United States	0	58

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

DAILY WORRY

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about worry?

(Yes, No)

Rank	Country	Change*	% Yes
1	Canada	0	45
2	United States	+1	42

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

DAILY STRESS

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about stress?

(Yes, No)

Rank	Country	Change*	% Yes
1	Canada	+1	55
2	United States	+1	52

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

DAILY ANGER

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about anger?

(Yes, No)

Rank	Country	Change*	% Yes
1	United States	-2	19
2	Canada	0	18

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

DAILY SADNESS

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about sadness?

Rank	Country	Change*	% Yes
1	United States	+2	23
2	Canada	+1	23

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

ENVIRONMENTAL

In [country], are you satisfied or dissatisfied with efforts to preserve the environment?

(Satisfied, Dissatisfied)

Rank	Country	Change*	% Satisfied
1	Canada	-1	54
2	United States	-1	43

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

SOCIAL

Now, please think about yesterday, from the morning until the end of the day. Think about where you were, what you were doing, who you were with and how you felt. Were you treated with respect all day yesterday?

(Yes, No)

Rank	Country	Change*	% No
1	United States	0	9
2	Canada	+1	8

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

JOB CLIMATE

Thinking about the job situation in the city or area where you live today, would you say that it is now a good time or a bad time to find a job?

(Good time, Bad time)

Rank	Country	Change*	% Good time
1	United States	-1	59
2	Canada	-3	56

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.



RELOCATION POTENTIAL

In the next 12 months, are you likely or unlikely to move away from the city or area where you live?

(Likely to move, Unlikely to move)

Rank	Country	Change*	% Likely to move
1	United States	+1	18
2	Canada	+2	17

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.



Latin America and the Caribbean

EMPLOYEE ENGAGEMENT

Gallup Q12 items; see "Appendix 3: Support Information" for item wording

Rank	Country	Change*	% Engaged
1	Nicaragua	0	34
2	Panama	-1	34
3	El Salvador	+1	33
4	Costa Rica	-1	30
5	Dominican Republic	+4	30
6	Brazil	0	29
7	Honduras	-2	28
8	Chile	-2	26
9	Jamaica	0	26
10	Uruguay	+1	26

Rank	Country	Change*	% Engaged
11	Venezuela	-6	25
12	Mexico	+1	25
13	Ecuador	-4	23
14	Paraguay	+2	23
15	Colombia	-5	20
16	Argentina	-6	20
17	Peru	0	19
18	Bolivia	-2	17
	Guatemala	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

LIFE EVALUATION

Please imagine a ladder with steps numbered from zero at the bottom to 10 at the top. Suppose we say that the top of the ladder represents the best possible life for you, and the bottom of the ladder represents the worst possible life for you.

On which step of the ladder would you say you personally feel you stand at this time? (0-10)

Just your best guess, on which step do you think you will stand in the future, say about five years from now? (0-10)

Rank	Country	Change*	% Thriving
1	Panama	+7	51
2	Costa Rica	-2	50
3	Uruguay	+2	49
4	Brazil	-1	48
5	Nicaragua	+4	44
6	Mexico	-3	43
7	Honduras	0	43
8	Argentina	-2	42
9	Chile	0	41
10	Colombia	-2	40

Rank	Country	Change*	% Thriving
11	El Salvador	+1	40
12	Paraguay	+4	37
13	Dominican Republic	+4	36
14	Peru	0	36
15	Jamaica	-1	35
16	Ecuador	-4	33
17	Bolivia	0	32
18	Venezuela	0	21
	Guatemala	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

^{**}This data point is not provided due to small sample size.

^{**}This data point is not provided due to small sample size.



DAILY WORRY

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about worry?

(Yes, No)

Rank	Country	Change*	% Yes
1	Brazil	+3	60
2	Ecuador	+3	56
3	Venezuela	+2	56
4	Bolivia	+2	55
5	Argentina	+4	55
6	Peru	-2	53
7	Costa Rica	+1	52
8	Dominican Republic	-1	47
9	Colombia	0	46
10	Chile	-4	46

Rank	Country	Change*	% Yes
11	Uruguay	0	44
12	Nicaragua	-2	43
13	El Salvador	+2	42
14	Mexico	+4	42
15	Paraguay	-1	42
16	Honduras	+1	35
17	Panama	-2	34
18	Jamaica	-1	32
	Guatemala	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.
**This data point is not provided due to small sample size.

DAILY STRESS

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about stress?

Rank	Country	Change*	% Yes
1	Ecuador	+3	57
2	Costa Rica	+2	56
3	Peru	+2	55
4	El Salvador	+1	54
5	Mexico	+6	51
6	Dominican Republic	0	51
7	Venezuela	0	50
8	Bolivia	-1	49
9	Colombia	+1	47
10	Brazil	+1	46

Rank	Country	Change*	% Yes
11	Argentina	+4	46
12	Honduras	0	44
13	Chile	-3	43
14	Uruguay	+1	40
15	Nicaragua	-1	39
16	Panama	-1	39
17	Jamaica	+2	35
18	Paraguay	0	35
	Guatemala	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.
**This data point is not provided due to small sample size.



DAILY ANGER

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about anger?

(Yes, No)

Rank	Country	Change*	% Yes
1	Peru	-2	22
2	Bolivia	+1	21
3	Brazil	-1	21
4	Jamaica	+2	21
5	Costa Rica	-1	19
6	Ecuador	+1	19
7	Honduras	+1	17
8	Venezuela	-2	17
9	Chile	-1	17
10	Colombia	-1	16

Rank	Country	Change*	% Yes
11	El Salvador	0	15
12	Argentina	-1	15
13	Nicaragua	-5	14
14	Dominican Republic	0	11
15	Paraguay	0	10
16	Mexico	+1	10
17	Panama	0	9
18	Uruguay	-1	8
	Guatemala	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.
**This data point is not provided due to small sample size.

DAILY SADNESS

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about sadness?

Rank	Country	Change*	% Yes
1	Ecuador	+2	34
2	Bolivia	+2	33
3	Venezuela	-1	33
4	Peru	-1	31
5	Brazil	+3	29
6	Costa Rica	0	27
7	Nicaragua	-6	26
8	Colombia	+1	26
9	Dominican Republic	0	26
10	Argentina	+1	25

Rank	Country	Change*	% Yes
11	El Salvador	+1	25
12	Jamaica	+1	24
13	Chile	-1	22
14	Mexico	+2	22
15	Honduras	-1	19
16	Uruguay	0	18
17	Paraguay	0	18
18	Panama	-4	15
	Guatemala	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.
**This data point is not provided due to small sample size.



ENVIRONMENTAL

In [country], are you satisfied or dissatisfied with efforts to preserve the environment?

(Satisfied, Dissatisfied)

Rank	Country	Change*	% Satisfied
1	Nicaragua	+3	66
2	Costa Rica	-2	59
3	El Salvador	+3	51
4	Dominican Republic	+2	48
5	Uruguay	-2	48
6	Panama	-1	48
7	Ecuador	-5	45
8	Honduras	-9	45
9	Bolivia	-3	44
10	Mexico	-3	39

Rank	Country	Change*	% Satisfied
11	Jamaica	-2	39
12	Colombia	-1	37
13	Argentina	-1	35
14	Paraguay	-5	33
15	Peru	-4	30
16	Venezuela	-4	26
17	Brazil	0	23
18	Chile	-5	20
	Guatemala	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.
**This data point is not provided due to small sample size.

SOCIAL

Now, please think about yesterday, from the morning until the end of the day. Think about where you were, what you were doing, who you were with and how you felt. Were you treated with respect all day yesterday?

Rank	Country	Change*	% No
1	Jamaica	0	11
2	Bolivia	+1	7
3	Brazil	+2	7
4	Venezuela	+1	6
5	Peru	0	6
6	Dominican Republic	0	5
7	Mexico	0	5
8	Costa Rica	0	5
9	Ecuador	+1	4
10	Chile	-1	4

Rank	Country	Change*	% No
11	Argentina	+1	4
12	Nicaragua	-1	4
13	Honduras	+1	4
14	Panama	+1	4
15	Paraguay	-1	4
16	Colombia	0	3
17	Uruguay	-1	3
18	El Salvador	-1	3
	Guatemala	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

^{**}This data point is not provided due to small sample size.



JOB CLIMATE

Thinking about the job situation in the city or area where you live today, would you say that it is now a good time or a bad time to find a job?

(Good time, Bad time)

Rank	Country	Change*	% Good time
1	Honduras	+2	43
2	Nicaragua	+11	42
3	Panama	-4	42
4	Brazil	+8	40
5	Mexico	-9	40
6	El Salvador	+1	39
7	Peru	-4	37
8	Paraguay	-2	36
9	Jamaica	-3	36
10	Dominican Republic	+1	36

Rank	Country	Change*	% Good time
11	Chile	+8	34
12	Venezuela	+3	31
13	Bolivia	-5	30
14	Colombia	-2	29
15	Uruguay	+4	24
16	Ecuador	0	22
17	Costa Rica	-1	22
18	Argentina	+4	18
	Guatemala	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

RELOCATION POTENTIAL

In the next 12 months, are you likely or unlikely to move away from the city or area where you live?

(Likely to move, Unlikely to move)

Rank	Country	Change*	% Likely to move
1	Jamaica	-3	39
2	Dominican Republic	0	34
3	Colombia	0	33
4	Peru	+1	33
5	Bolivia	0	32
6	Honduras	-3	29
7	Venezuela	+1	29
8	Panama	+3	28
9	Costa Rica	+2	25
10	Ecuador	-1	24

Rank	Country	Change*	% Likely to move
11	Nicaragua	+5	24
12	Chile	+2	24
13	Mexico	+3	21
14	Argentina	+3	21
15	Brazil	-2	20
16	Paraguay	-1	17
17	Uruguay	+1	17
18	El Salvador	+1	16
	Guatemala	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

^{**}This data point is not provided due to small sample size.

^{**}This data point is not provided due to small sample size.

Europe

EMPLOYEE ENGAGEMENT

Gallup Q^{12} items; see "Appendix 3: Support Information" for item wording

Rank	Country	Change*	% Engaged
1	Romania	+3	33
2	Estonia	+1	25
3	North Macedonia	+5	25
4	Iceland	+2	24
5	Kosovo	-3	24
6	Lithuania	+9	24
7	Albania	0	23
8	Denmark	+2	22
9	Montenegro	+3	21
10	Latvia	+5	21
11	Bulgaria	+4	21
12	Malta	0	21
13	Hungary	+1	21
14	Sweden	+2	21
15	Bosnia and Herzegovina	+4	20
16	Cyprus	0	20
17	Norway	+2	19
18	Portugal	+1	19
19	Serbia	+1	17
20	Croatia	+5	17

Rank	Country	Change*	% Engaged
21	Germany	+1	16
22	Slovenia	0	16
23	Slovakia	+3	16
24	Czech Republic	0	16
25	Poland	+2	14
26	Finland	+4	13
27	Netherlands	0	12
28	Greece	+3	11
29	Switzerland	-1	11
30	Belgium	-1	11
31	Ireland	-1	11
32	Northern Cyprus (Territory of Republic of Cyprus)	+1	10
33	United Kingdom	-2	9
34	Austria	-1	9
35	Spain	+1	9
36	Luxembourg	0	8
37	France	-1	6
38	Italy	0	4

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.



LIFE EVALUATION

Please imagine a ladder with steps numbered from zero at the bottom to 10 at the top. Suppose we say that the top of the ladder represents the best possible life for you, and the bottom of the ladder represents the worst possible life for you.

On which step of the ladder would you say you personally feel you stand at this time? (0-10)

Just your best guess, on which step do you think you will stand in the future, say about five years from now? (0-10)

Rank	Country	Change*	% Thriving
1	Finland	-1	84
2	Denmark	-2	78
3	Iceland	0	77
4	Netherlands	0	76
5	Sweden	+1	72
6	Norway	-2	68
7	Switzerland	0	67
8	Luxembourg	+3	60
9	Ireland	-2	60
10	United Kingdom	-1	60
11	Belgium	-1	58
12	Czech Republic	+7	58
13	Austria	-4	56
14	Germany	-3	56
15	Slovenia	+6	52
16	Romania	+3	51
17	Serbia	0	46
18	Lithuania	+4	44
19	Malta	-3	44
20	Estonia	+4	43

Rank	Country	Change*	% Thriving
21	France	+1	43
22	Hungary	+5	42
23	Slovakia	+3	42
24	Spain	-1	41
25	Cyprus	+2	40
26	Italy	-1	40
27	Kosovo	0	39
28	Croatia	+9	39
29	Latvia	+3	39
30	Greece	+7	38
31	Portugal	0	37
32	Bosnia and Herzegovina	+2	36
33	Poland	-1	34
34	Montenegro	-1	32
35	Albania	+5	31
36	North Macedonia	+4	28
37	Bulgaria	2	27
38	Northern Cyprus (Territory of Republic of Cyprus)	**	18

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

^{**}This data point is not provided due to small sample size.

DAILY WORRY

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about worry?

Rank	Country	Change*	% Yes
1	Malta	+2	66
2	Portugal	-3	60
3	Montenegro	+3	56
4	Croatia	-4	51
5	Slovenia	-2	49
6	Spain	0	47
7	Greece	+4	46
8	North Macedonia	0	45
9	Italy	-1	45
10	Serbia	+2	44
11	Cyprus	0	43
12	Bosnia and Herzegovina	+3	41
13	Belgium	+2	40
14	Netherlands	-1	39
15	Finland	+1	37
16	Norway	+1	35
17	Czech Republic	+2	34
18	Northern Cyprus (Territory of Republic of Cyprus)	+2	34
19	France	-2	33

Rank	Country	Change*	% Yes
20	Denmark	-2	33
21	Sweden	+1	33
22	United Kingdom	0	33
23	Ireland	0	32
24	Slovakia	-1	32
25	Poland	+6	31
26	Romania	-2	31
27	Luxembourg	0	30
28	Bulgaria	+5	29
29	Estonia	+3	29
30	Iceland	-2	28
31	Germany	0	28
32	Latvia	+1	28
33	Austria	0	27
34	Hungary	-1	26
35	Albania	+1	26
36	Kosovo	+1	25
37	Lithuania	0	24
38	Switzerland	0	21

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.



DAILY STRESS

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about stress?

Rank	Country	Change*	% Yes
1	Greece	-1	64
2	Luxembourg	+6	57
3	Malta	+4	53
4	Cyprus	+1	52
5	Italy	-4	49
6	Ireland	-1	48
7	Portugal	-1	46
8	Croatia	-8	45
9	Albania	-3	45
10	France	-2	44
11	Spain	+1	44
12	Finland	+2	44
13	Slovakia	-2	43
14	Northern Cyprus (Territory of Republic of Cyprus)	+3	43
15	United Kingdom	-1	41
16	Switzerland	0	41
17	Germany	-3	40
18	Norway	-1	39
19	Iceland	-4	39

Rank	Country	Change*	% Yes
20	Belgium	-3	38
21	Poland	+6	38
22	Czech Republic	+3	37
23	Austria	-3	37
24	Slovenia	0	36
25	Sweden	0	36
26	North Macedonia	+2	36
27	Romania	-3	35
28	Kosovo	0	35
29	Bulgaria	+6	34
30	Montenegro	-1	34
31	Hungary	-5	34
32	Bosnia and Herzegovina	+2	33
33	Serbia	-1	31
34	Netherlands	-1	29
35	Lithuania	-3	28
36	Estonia	+5	27
37	Latvia	0	24
38	Denmark	0	21

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

DAILY ANGER

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about anger?

Rank	Country	Change*	% Yes
1	Montenegro	+1	39
2	Northern Cyprus (Territory of Republic of Cyprus)	+3	33
3	North Macedonia	+2	31
4	Slovakia	-1	24
5	Poland	+3	23
6	Malta	+3	23
7	Spain	-4	23
8	Bosnia and Herzegovina	-2	22
9	Czech Republic	+2	21
10	Greece	+3	21
11	Luxembourg	+2	20
12	Serbia	+2	20
13	Albania	-2	18
14	Austria	+2	18
15	Germany	+2	18
16	Ireland	+2	17
17	Lithuania	-3	17
18	France	0	16
19	Slovenia	-2	16

Rank	Country	Change*	% Yes
20	Cyprus	-2	16
21	Italy	-7	16
22	Kosovo	0	15
23	United Kingdom	+2	15
24	Switzerland	0	14
25	Belgium	-1	13
26	Latvia	+1	12
27	Hungary	0	12
28	Denmark	0	12
29	Romania	0	12
30	Bulgaria	+1	12
31	Croatia	+1	12
32	Sweden	-1	11
33	Norway	-1	10
34	Portugal	0	9
35	Netherlands	0	9
36	Iceland	0	8
37	Estonia	1	8
38	Finland	-1	5

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.



DAILY SADNESS

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about sadness?

Rank	Country	Change*	% Yes
1	Northern Cyprus (Territory of Republic of Cyprus)	+1	28
2	Italy	-2	27
3	Portugal	-1	26
4	Spain	+1	24
5	Czech Republic	+5	24
6	Malta	+2	23
7	Montenegro	+2	23
8	North Macedonia	+2	22
9	Cyprus	-2	20
10	United Kingdom	+1	20
11	Poland	+4	20
12	Ireland	+1	19
13	Bulgaria	+3	19
14	France	-2	19
15	Germany	0	19
16	Greece	+2	18
17	Austria	+2	17
18	Bosnia and Herzegovina	+2	17
19	Slovakia	+2	17

Rank	Country	Change*	% Yes
20	Sweden	+1	17
21	Romania	-1	17
22	Albania	-5	16
23	Norway	0	16
24	Lithuania	-1	16
25	Denmark	0	16
26	Belgium	0	15
27	Luxembourg	+2	15
28	Slovenia	+1	15
29	Netherlands	0	15
30	Latvia	+1	14
31	Croatia	0	14
32	Serbia	+2	14
33	Estonia	+2	13
34	Switzerland	-1	12
35	Finland	0	12
36	Iceland	-1	12
37	Hungary	0	12
38	Kosovo	0	6

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

ENVIRONMENTAL

In [country], are you satisfied or dissatisfied with efforts to preserve the environment?

(Satisfied, Dissatisfied)

Rank	Country	Change*	% Satisfied
1	Finland	1	73
2	Switzerland	-3	70
3	Luxembourg	-6	69
4	Lithuania	-2	65
5	Iceland	6	65
6	Slovenia	-4	64
7	Czech Republic	0	64
8	Latvia	7	63
9	Norway	0	63
10	Estonia	0	62
11	Sweden	-3	62
12	Denmark	2	61
13	Austria	-4	61
14	Ireland	1	60
15	Netherlands	-4	57
16	Portugal	4	52
17	United Kingdom	-3	51
18	Belgium	1	50
19	Poland	-8	49
20	Germany	-5	48

Rank	Country	Change*	% Satisfied
21	Malta	-2	47
22	Hungary	1	45
23	Kosovo	-2	45
24	France	-2	42
25	Spain	0	39
26	Albania	-2	39
27	Cyprus	-1	39
28	Montenegro	3	37
29	Croatia	-2	36
30	Slovakia	-5	34
31	Northern Cyprus (Territory of Republic of Cyprus)	-3	34
32	North Macedonia	2	32
33	Serbia	1	30
34	Greece	3	27
35	Bulgaria	-3	24
36	Italy	0	21
37	Romania	-2	20
38	Bosnia and Herzegovina	-2	19

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.



SOCIAL

Now, please think about yesterday, from the morning until the end of the day. Think about where you were, what you were doing, who you were with and how you felt. Were you treated with respect all day yesterday?

Rank	Country	Change*	% No
1	Northern Cyprus (Territory of Republic of Cyprus)	-1	16
2	Lithuania	-4	15
3	Greece	+1	14
4	Croatia	-5	12
5	North Macedonia	0	11
6	Serbia	-1	10
7	Cyprus	-1	10
8	Slovakia	-1	10
9	Bosnia and Herzegovina	-1	9
10	Austria	+3	9
11	United Kingdom	0	9
12	Ireland	+2	9
13	Germany	+1	8
14	Bulgaria	-1	8
15	Italy	-1	8
16	France	-2	8
17	Montenegro	-2	8
18	Kosovo	+1	7
19	Spain	-2	7

Rank	Country	Change*	% No
20	Czech Republic	-5	7
21	Slovenia	0	7
22	Romania	0	7
23	Malta	+1	6
24	Albania	-1	6
25	Switzerland	+1	6
26	Belgium	-1	6
27	Latvia	-2	6
28	Luxembourg	-1	5
29	Hungary	-3	5
30	Poland	0	5
31	Finland	0	5
32	Denmark	-1	5
33	Netherlands	0	5
34	Estonia	0	5
35	Sweden	-1	5
36	Iceland	-1	4
37	Norway	1	4
38	Portugal	-1	4

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.



JOB CLIMATE

Thinking about the job situation in the city or area where you live today, would you say that it is now a good time or a bad time to find a job?

(Good time, Bad time)

Rank	Country	Change*	% Good time
1	Denmark	+1	69
2	Lithuania	+7	63
3	Poland	-3	62
4	Luxembourg	+7	54
5	Slovenia	-2	54
6	Netherlands	-8	54
7	Iceland	+8	53
8	Germany	-6	53
9	Sweden	-8	53
10	Belgium	0	52
11	Czech Republic	-3	52
12	Romania	+2	51
13	Hungary	-1	50
14	Ireland	-5	50
15	Norway	-6	49
16	Austria	+2	49
17	Malta	-16	48
18	Switzerland	-3	48
19	Serbia	+9	47
20	Croatia	+3	47

Rank	Country	Change*	% Good time
21	Cyprus	-9	46
22	Finland	-6	46
23	Bulgaria	+5	44
24	Portugal	-8	44
25	Estonia	-1	43
26	United Kingdom	-4	40
27	Slovakia	+3	40
28	Kosovo	+3	39
29	Latvia	+5	38
30	Albania	+1	36
31	Bosnia and Herzegovina	+5	35
32	North Macedonia	+3	34
33	France	+3	33
34	Greece	+8	31
35	Montenegro	-4	28
36	Spain	-3	27
37	Northern Cyprus (Territory of Republic of Cyprus)	-1	20
38	Italy	-1	18

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

RELOCATION POTENTIAL

In the next 12 months, are you likely or unlikely to move away from the city or area where you live?

(Likely to move, Unlikely to move)

Rank	Country	Change*	% Likely to move
1	Kosovo	-2	30
2	Albania	0	25
3	Greece	+1	22
4	Bosnia and Herzegovina	+2	20
5	Cyprus	0	20
6	Montenegro	+3	19
7	North Macedonia	+3	19
8	Ireland	0	18
9	Poland	+4	18
10	Luxembourg	0	17
11	Bulgaria	+2	16
12	Denmark	+2	16
13	United Kingdom	+1	16
14	Belgium	-2	15
15	Romania	-3	14
16	Serbia	0	14
17	Malta	+1	13
18	France	+1	13
19	Portugal	-1	13
20	Spain	+1	13

Rank	Country	Change*	% Likely
21	Norway	-1	13
22	Sweden	0	12
23	Lithuania	0	12
24	Slovakia	0	12
25	Netherlands	-1	11
26	Slovenia	+1	11
27	Croatia	0	11
28	Germany	0	11
29	Austria	+1	11
30	Hungary	+2	10
31	Czech Republic	+2	10
32	Estonia	0	10
33	Finland	+1	10
34	Italy	-1	9
35	Switzerland	+2	9
36	Latvia	+1	8
37	Iceland	**	8
	Northern Cyprus (Territory of Republic of Cyprus)	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

^{**}This data point is not available or not provided due to small sample size.



Commonwealth of Independent States

Note: Georgia formally withdrew from the Commonwealth of Independent States (CIS) in 2009. Ukraine terminated its participation with the statutory bodies of CIS in 2018. These countries are included with the region for comparison purposes because of the historical association.

EMPLOYEE ENGAGEMENT

Gallup Q12 items; see "Appendix 3: Support Information" for item wording

Rank	Country	Change*	% Engaged
1	Uzbekistan	-1	34
2	Armenia	+6	32
3	Georgia	+4	32
4	Kazakhstan	+4	29
5	Kyrgyzstan	0	27
6	Ukraine	+2	24

Rank	Country	Change*	% Engaged
7	Moldova	0	23
8	Russia	-1	22
9	Belarus	+3	12
10	Azerbaijan	+2	9
	Tajikistan	**	**
	Turkmenistan	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

LIFE EVALUATION

Please imagine a ladder with steps numbered from zero at the bottom to 10 at the top. Suppose we say that the top of the ladder represents the best possible life for you, and the bottom of the ladder represents the worst possible life for you.

On which step of the ladder would you say you personally feel you stand at this time? (0-10)

Just your best guess, on which step do you think you will stand in the future, say about five years from now? (0-10)

Rank	Country	Change*	% Thriving
1	Kazakhstan	+1	42
2	Moldova	+2	38
3	Uzbekistan	0	37
4	Armenia	+2	32
5	Belarus	+7	29
6	Ukraine	+4	27

Rank	Country	Change*	% Thriving
7	Russia	0	27
8	Kyrgyzstan	+1	27
9	Georgia	+1	20
10	Tajikistan	-1	18
11	Azerbaijan	-3	14
	Turkmenistan	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

^{**}This data point is not available or not provided due to small sample size.

^{**}This data point is not provided due to small sample size.



DAILY WORRY

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about worry?

(Yes, No)

Rank	Country	Change*	% Yes
1	Armenia	+1	47
2	Moldova	-1	33
3	Tajikistan	+1	29
4	Kyrgyzstan	+4	29
5	Ukraine	+2	27
6	Georgia	0	25

Rank	Country	Change*	% Yes
7	Uzbekistan	0	24
8	Azerbaijan	0	24
9	Russia	0	22
10	Kazakhstan	-3	17
11	Belarus	-5	17
	Turkmenistan	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

DAILY STRESS

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about stress?

Rank	Country	Change*	% Yes
1	Tajikistan	+1	31
2	Belarus	+2	25
3	Georgia	+2	23
4	Moldova	-2	23
5	Russia	0	20
6	Ukraine	0	19

Rank	Country	Change*	% Yes
7	Armenia	+2	19
8	Kazakhstan	-2	17
9	Kyrgyzstan	+1	16
10	Uzbekistan	0	15
11	Azerbaijan	-3	14
	Turkmenistan	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

^{**}This data point is not provided due to small sample size.

^{**}This data point is not provided due to small sample size.



DAILY ANGER

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about anger?

(Yes, No)

Rank	Country	Change*	% Yes
1	Armenia	+3	47
2	Uzbekistan	0	28
3	Kyrgyzstan	0	25
4	Georgia	0	24
5	Tajikistan	+2	24
6	Belarus	-2	20

Rank	Country	Change*	% Yes
7	Ukraine	-2	16
8	Moldova	-2	14
9	Azerbaijan	-3	13
10	Kazakhstan	-5	12
11	Russia	-2	12
	Turkmenistan	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

DAILY SADNESS

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about sadness?

Rank	Country	Change*	% Yes
1	Armenia	+6	37
2	Tajikistan	+2	26
3	Moldova	+1	22
4	Uzbekistan	0	22
5	Ukraine	+2	21
6	Kyrgyzstan	0	19

Rank	Country	Change*	% Yes
7	Russia	-2	18
8	Georgia	-1	18
9	Belarus	-3	16
10	Kazakhstan	-2	12
11	Azerbaijan	-2	11
	Turkmenistan	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

^{**}This data point is not provided due to small sample size.

^{**}This data point is not provided due to small sample size.



ENVIRONMENTAL

In [country], are you satisfied or dissatisfied with efforts to preserve the environment?

(Satisfied, Dissatisfied)

Rank	Country	Change*	% Satisfied
1	Tajikistan	-5	84
2	Uzbekistan	-3	79
3	Azerbaijan	+1	71
4	Kazakhstan	+2	58
5	Belarus	+4	57
6	Kyrgyzstan	-4	51

Rank	Country	Change*	% Satisfied
7	Armenia	+3	48
8	Georgia	+1	44
9	Russia	0	32
10	Moldova	-4	27
11	Ukraine	+3	23
	Turkmenistan	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

SOCIAL

Now, please think about yesterday, from the morning until the end of the day. Think about where you were, what you were doing, who you were with and how you felt. Were you treated with respect all day yesterday?

Rank	Country	Change*	% No
1	Belarus	-5	18
2	Kyrgyzstan	0	10
3	Ukraine	-1	10
4	Moldova	-1	10
5	Russia	-1	9
6	Azerbaijan	-2	8

Rank	Country	Change*	% No
7	Kazakhstan	-1	8
8	Tajikistan	+1	7
9	Uzbekistan	0	4
10	Armenia	-1	3
11	Georgia	-1	3
	Turkmenistan	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

^{**}This data point is not provided due to small sample size.

^{**}This data point is not provided due to small sample size.



JOB CLIMATE

Thinking about the job situation in the city or area where you live today, would you say that it is now a good time or a bad time to find a job?

(Good time, Bad time)

Rank	Country	Change*	% Good time
1	Uzbekistan	-5	66
2	Tajikistan	-4	60
3	Azerbaijan	+4	57
4	Kyrgyzstan	0	50
5	Kazakhstan	+2	48
6	Armenia	0	40

Rank	Country	Change*	% Good time
7	Ukraine	-2	34
8	Belarus	+9	32
9	Russia	0	29
10	Georgia	+1	25
11	Moldova	+3	24
	Turkmenistan	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

RELOCATION POTENTIAL

In the next 12 months, are you likely or unlikely to move away from the city or area where you live?

(Likely to move, Unlikely to move)

Rank	Country	Change*	% Likely to move
1	Armenia	+5	26
2	Moldova	+1	15
3	Georgia	+1	14
4	Kazakhstan	0	13
5	Ukraine	+2	11
6	Russia	+1	11

Rank	Country	Change*	% Likely to move
7	Kyrgyzstan	0	10
8	Uzbekistan	+1	9
9	Belarus	0	7
10	Azerbaijan	0	6
11	Tajikistan	**	**
	Turkmenistan	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

^{**}This data point is not provided due to small sample size.

^{**}This data point is not provided due to small sample size.



Middle East and North Africa

EMPLOYEE ENGAGEMENT

Gallup Q12 items; see "Appendix 3: Support Information" for item wording

Rank	Country	Change*	% Engaged
1	United Arab Emirates	+3	25
2	Iraq	-3	24
3	Saudi Arabia	+7	21
4	Israel	+2	20
5	Kuwait	+1	19
6	Bahrain	0	19
7	Jordan	+4	17
8	Libya	+1	16
9	Morocco	-3	14

Rank	Country	Change*	% Engaged
10	Turkey	0	14
11	Egypt	+1	12
12	Tunisia	0	11
13	Lebanon	+1	10
14	Iran	0	9
15	Algeria	+2	7
	Palestinian Territories	**	**
	Yemen	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

LIFE EVALUATION

Please imagine a ladder with steps numbered from zero at the bottom to 10 at the top. Suppose we say that the top of the ladder represents the best possible life for you, and the bottom of the ladder represents the worst possible life for you.

On which step of the ladder would you say you personally feel you stand at this time? (0-10)

Just your best guess, on which step do you think you will stand in the future, say about five years from now? (0-10)

Rank	Country	Change*	% Thriving
1	Israel	+4	66
2	United Arab Emirates	+3	52
3	Saudi Arabia	+2	49
4	Bahrain	0	45
5	Kuwait	-3	37
6	Libya	+2	25
7	Morocco	-1	21
8	Turkey	+1	19
9	Algeria	0	17

Rank	Country	Change*	% Thriving
10	Iraq	-2	17
11	Jordan	+1	17
12	Tunisia	0	16
13	Iran	+2	16
14	Egypt	+1	11
15	Lebanon	-5	4
	Palestinian Territories	**	**
	Yemen	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

^{**}This data point is not provided due to small sample size.

^{**}This data point is not provided due to small sample size.



DAILY WORRY

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about worry?

(Yes, No)

Rank	Country	Change*	% Yes
1	Lebanon	+7	56
2	Iran	-1	56
3	Tunisia	-1	55
4	Iraq	0	53
5	Jordan	**	47
6	Egypt	-1	44
7	Turkey	+3	43
8	Algeria	+1	41
9	Libya	0	41

Rank	Country	Change*	% Yes
10	Morocco	-5	40
11	Kuwait	+1	39
12	Bahrain	0	36
13	Israel	-2	34
14	Saudi Arabia	-4	32
15	United Arab Emirates	-5	31
	Palestinian Territories	**	**
	Yemen	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

DAILY STRESS

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about stress?

Rank	Country	Change*	% Yes
1	Turkey	+1	66
2	Lebanon	+7	65
3	Tunisia	+2	61
4	Jordan	**	57
5	Egypt	0	52
6	Iran	-3	49
7	Iraq	-3	48
8	Kuwait	+2	45
9	Libya	-1	42

Rank	Country	Change*	% Yes
10	Bahrain	0	40
11	Morocco	-4	38
12	United Arab Emirates	-7	35
13	Saudi Arabia	-4	31
14	Israel	-5	31
15	Algeria	-2	29
	Palestinian Territories	**	**
	Yemen	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

^{**}This data point is not available or is not provided due to small sample size.

^{**}This data point is not available or is not provided due to small sample size.



DAILY ANGER

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about anger?

(Yes, No)

Rank	Country	Change*	% Yes
1	Iraq	0	48
2	Turkey	+1	46
3	Lebanon	+7	43
4	Tunisia	0	41
5	Jordan	**	37
6	Iran	-1	37
7	Libya	+4	35
8	Algeria	+1	33
9	Egypt	0	31

Rank	Country	Change*	% Yes
10	Morocco	-5	30
11	Kuwait	-1	26
12	Bahrain	0	26
13	United Arab Emirates	-4	22
14	Saudi Arabia	-2	21
15	Israel	-4	19
	Palestinian Territories	**	**
	Yemen	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

DAILY SADNESS

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about sadness?

Country	Change*	% Yes
Lebanon	+10	42
Iran	0	42
Turkey	+5	40
Iraq	-3	40
Jordan	**	34
Libya	+1	30
Egypt	+1	30
Tunisia	+2	27
Morocco	-2	27
	Lebanon Iran Turkey Iraq Jordan Libya Egypt Tunisia	Lebanon +10 Iran 0 Turkey +5 Iraq -3 Jordan ** Libya +1 Egypt +1 Tunisia +2

Rank	Country	Change*	% Yes
10	Bahrain	0	26
11	Kuwait	+2	26
12	United Arab Emirates	-2	23
13	Saudi Arabia	-1	21
14	Algeria	+2	18
15	Israel	-3	15
	Palestinian Territories	**	**
	Yemen	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

^{**}This data point is not available or is not provided due to small sample size.

^{**}This data point is not available or is not provided due to small sample size.



ENVIRONMENTAL

In [country], are you satisfied or dissatisfied with efforts to preserve the environment?

(Satisfied, Dissatisfied)

Rank	Country	Change*	% Satisfied
1	United Arab Emirates	+2	96
2	Saudi Arabia	+4	84
3	Bahrain	0	83
4	Kuwait	-2	78
5	Jordan	+2	59
6	Libya	+5	55
7	Israel	0	52
8	Egypt	+5	51
9	Morocco	+2	51

Rank	Country	Change*	% Satisfied
10	Turkey	0	38
11	Algeria	-1	36
12	Iran	-2	34
13	Iraq	0	29
14	Tunisia	-2	25
15	Lebanon	+7	21
	Palestinian Territories	**	**
	Yemen	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

SOCIAL

Now, please think about yesterday, from the morning until the end of the day. Think about where you were, what you were doing, who you were with and how you felt. Were you treated with respect all day yesterday?

Rank	Country	Change*	% No
1	Turkey	0	21
2	Lebanon	+3	17
3	Algeria	+2	13
4	Tunisia	+1	12
5	Morocco	-2	11
6	United Arab Emirates	+4	11
7	Israel	-2	10
8	Iraq	-3	10
9	Iran	-1	8

Rank	Country	Change*	% No
10	Libya	+1	7
11	Saudi Arabia	-1	7
12	Jordan	0	7
13	Egypt	+1	7
14	Bahrain	0	6
15	Kuwait	0	4
	Palestinian Territories	**	**
	Yemen	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

^{**}This data point is not provided due to small sample size.

^{**}This data point is not provided due to small sample size.



JOB CLIMATE

Thinking about the job situation in the city or area where you live today, would you say that it is now a good time or a bad time to find a job?

(Good time, Bad time)

Rank	Country	Change*	% Good time
1	Saudi Arabia	-1	58
2	United Arab Emirates	+7	52
3	Libya	+2	52
4	Kuwait	-1	50
5	Israel	0	46
6	Bahrain	0	39
7	Morocco	+2	33
8	Iraq	-1	30
9	Egypt	+4	27

Rank	Country	Change*	% Good time
10	Algeria	-3	23
11	Jordan	0	19
12	Turkey	-2	16
13	Tunisia	-3	15
14	Iran	0	11
15	Lebanon	0	8
	Palestinian Territories	**	**
	Yemen	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

RELOCATION POTENTIAL

In the next 12 months, are you likely or unlikely to move away from the city or area where you live?

(Likely to move, Unlikely to move)

Rank	Country	Change*	% Likely to move
1	Morocco	-1	41
2	Saudi Arabia	0	36
3	Bahrain	0	35
4	Jordan	-3	33
5	United Arab Emirates	-6	33
6	Iraq	+1	32
7	Tunisia	+2	31
8	Algeria	-3	30
9	Egypt	+3	24

Rank	Country	Change*	% Likely to move
10	Turkey	-3	23
11	Iran	**	22
12	Lebanon	+3	20
13	Israel	+1	15
	Palestinian Territories	**	**
	Yemen	**	**
	Libya	**	**
	Kuwait	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

^{**}This data point is not provided due to small sample size.

^{**}This data point is not available or is not provided due to small sample size.

Sub-Saharan Africa

EMPLOYEE ENGAGEMENT

Gallup Q^{12} items; see "Appendix 3: Support Information" for item wording

Rank	Country	Change*	% Engaged
1	Mali	+3	43
2	Senegal	+7	35
3	Guinea	-5	28
4	Mozambique	+1	27
5	Sierra Leone	+7	27
6	Republic of the Congo	0	26
7	South Africa	+6	24
8	Zambia	+3	24
9	Burkina Faso	+8	22
10	Mauritania	+5	21
11	Uganda	-3	21
12	Namibia	-2	21
13	Benin	-2	19
14	Tanzania	+2	19
15	Mauritius	+1	18
16	Ghana	+1	18
17	Côte d'Ivoire	-1	17
18	Kenya	+2	17

Rank	Country	Change*	% Engaged
19	Cameroon	0	17
20	Togo	+6	16
21	Gabon	-1	15
22	Nigeria	0	15
23	Zimbabwe	-1	11
24	Ethiopia	+1	11
	Botswana	**	**
	Chad	**	**
	Comoros	**	**
	Eswatini	**	**
	Lesotho	**	**
	Liberia	**	**
	Madagascar	**	**
	Malawi	**	**
	Niger	**	**
	Rwanda	**	**
	The Gambia	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.
**This data point is not provided due to small sample size.



LIFE EVALUATION

Please imagine a ladder with steps numbered from zero at the bottom to 10 at the top. Suppose we say that the top of the ladder represents the best possible life for you, and the bottom of the ladder represents the worst possible life for you.

On which step of the ladder would you say you personally feel you stand at this time? (0-10)

Just your best guess, on which step do you think you will stand in the future, say about five years from now? (0-10)

Rank	Country	Change*	% Thriving
1	Mauritius	0	33
2	Mozambique	+3	30
3	Republic of the Congo	0	29
4	South Africa	+6	29
5	Ghana	0	25
6	Côte d'Ivoire	-2	24
7	Burkina Faso	+1	23
8	Senegal	+3	23
9	Cameroon	0	23
10	Nigeria	-4	23
11	Guinea	-5	21
12	Gabon	0	21
13	Benin	-5	21
14	Namibia	+2	17
15	Mali	+1	17
16	Uganda	-1	17
17	Togo	0	17
18	Kenya	0	16

Rank	Country	Change*	% Thriving
19	Zambia	-1	13
20	Ethiopia	+1	13
21	Tanzania	+1	13
22	Sierra Leone	-6	10
23	Mauritania	0	9
24	Zimbabwe	0	5
	Botswana	**	**
	Chad	**	**
	Comoros	**	**
	Eswatini	**	**
	Lesotho	**	**
	Liberia	**	**
	Madagascar	**	**
	Malawi	**	**
	Niger	**	**
	Rwanda	**	**
	The Gambia	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

^{**}This data point is not provided due to small sample size.

DAILY WORRY

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about worry?

Rank	Country	Change*	% Yes
1	Mozambique	0	69
2	Guinea	+2	66
3	Togo	0	62
4	Chad	-6	60
5	Republic of the Congo	+1	58
6	Mali	-1	57
7	Cameroon	+2	56
8	Sierra Leone	-4	56
9	Gabon	-1	54
10	Burkina Faso	+4	53
11	Benin	-3	50
12	Côte d'Ivoire	-2	48
13	Uganda	+1	48
14	Malawi	-2	47
15	Mauritania	+2	47
16	Zambia	0	46
17	Senegal	-1	42
18	Zimbabwe	+3	41

Rank	Country	Change*	% Yes
19	Nigeria	-3	40
20	South Africa	-3	35
21	Ghana	+1	34
22	Namibia	+1	33
23	Tanzania	+1	32
24	Ethiopia	-1	31
25	Kenya	0	29
26	Eswatini	-3	28
27	Mauritius	0	20
	Botswana	**	**
	Comoros	**	**
	Lesotho	**	**
	Liberia	**	**
	Madagascar	**	**
	Niger	**	**
	Rwanda	**	**
	The Gambia	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.
**This data point is not provided due to small sample size.

DAILY STRESS

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about stress?

Rank	Country	Change*	% Yes
1	Tanzania	0	56
2	Ghana	-2	56
3	Uganda	-1	54
4	Senegal	+1	52
5	Guinea	+1	50
6	Sierra Leone	-4	49
7	Togo	+5	49
8	Burkina Faso	-4	48
9	Chad	-5	46
10	Nigeria	+1	46
11	Cameroon	+1	46
12	Zimbabwe	+2	45
13	Republic of the Congo	-1	44
14	Zambia	0	40
15	Mozambique	+3	39
16	Côte d'Ivoire	-1	38
17	Mali	-2	38
18	Malawi	-1	37

Rank	Country	Change*	% Yes
19	South Africa	-5	36
20	Gabon	-1	36
21	Benin	-1	35
22	Mauritania	-3	33
23	Kenya	+1	32
24	Namibia	+1	32
25	Ethiopia	-1	31
26	Eswatini	-3	25
27	Mauritius	-1	21
	Botswana	**	**
	Comoros	**	**
	Lesotho	**	**
	Liberia	**	**
	Madagascar	**	**
	Niger	**	**
	Rwanda	**	**
	The Gambia	**	**
	The Gambia	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.
**This data point is not provided due to small sample size.

DAILY ANGER

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about anger?

Rank	Country	Change*	% Yes
1	Togo	-1	40
2	Guinea	+4	38
3	Sierra Leone	-3	37
4	Uganda	+1	36
5	Benin	+1	32
6	Chad	-4	32
7	Mali	+2	32
8	Gabon	-1	32
9	Republic of the Congo	-1	29
10	Côte d'Ivoire	-3	26
11	Cameroon	0	25
12	Ghana	-1	25
13	Burkina Faso	-1	24
14	Ethiopia	-1	24
15	Zambia	-1	24
16	Mauritania	+1	24
17	Nigeria	+1	24
18	Kenya	0	23

Rank	Country	Change*	% Yes
19	Namibia	+1	22
20	Tanzania	0	22
21	Eswatini	-2	21
22	Malawi	-5	20
23	Mozambique	0	19
24	Senegal	0	19
25	Zimbabwe	0	18
26	South Africa	-4	16
27	Mauritius	-1	9
	Botswana	**	**
	Comoros	**	**
	Lesotho	**	**
	Liberia	**	**
	Madagascar	**	**
	Niger	**	**
	Rwanda	**	**
	The Gambia	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.
**This data point is not provided due to small sample size.



Did you experience the following feelings during A LOT OF THE DAY yesterday? How about sadness?

Rank	Country	Change*	% Yes
1	Chad	-2	50
2	Guinea	-3	48
3	Republic of the Congo	-1	43
4	Togo	0	43
5	Malawi	-4	43
6	Sierra Leone	-6	40
7	Mozambique	-1	40
8	Burkina Faso	+1	36
9	Gabon	-4	36
10	Uganda	0	35
11	Cameroon	+1	35
12	Côte d'Ivoire	-1	35
13	Mali	-1	34
14	Benin	-3	32
15	Zimbabwe	+2	29
16	Tanzania	0	28
17	Zambia	-2	28
18	Eswatini	+2	27

Rank	Country	Change*	% Yes
19	Ethiopia	-1	26
20	Ghana	+1	25
21	Senegal	+1	24
22	Nigeria	-2	24
23	South Africa	-4	21
24	Kenya	0	21
25	Namibia	-2	21
26	Mauritania	-2	21
27	Mauritius	-1	14
	Botswana	**	**
	Comoros	**	**
	Lesotho	**	**
	Liberia	**	**
	Madagascar	**	**
	Niger	**	**
	Rwanda	**	**
	The Gambia	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

^{**}This data point is not provided due to small sample size.

ENVIRONMENTAL

In [country], are you satisfied or dissatisfied with efforts to preserve the environment?

(Satisfied, Dissatisfied)

Rank	Country	Change*	% Satisfied
1	Ethiopia	+3	84
2	Tanzania	+2	76
3	Mozambique	-2	75
4	Benin	+3	69
5	Malawi	**	68
6	Mauritius	-1	65
7	Eswatini	-1	65
8	Côte d'Ivoire	+1	61
9	Sierra Leone	+1	60
10	Chad	-3	60
11	Republic of the Congo	0	58
12	Burkina Faso	0	58
13	Senegal	+5	55
14	Zimbabwe	+2	54
15	Kenya	0	54
16	Zambia	-4	53
17	Namibia	0	52
18	Guinea	-8	50

Rank	Country	Change*	% Satisfied
19	Mali	+1	50
20	South Africa	-2	48
21	Ghana	-2	47
22	Togo	+4	46
23	Uganda	-2	46
24	Gabon	+4	45
25	Cameroon	-4	45
26	Nigeria	-8	33
27	Mauritania	+6	31
	Botswana	**	**
	Comoros	**	**
	Lesotho	**	**
	Liberia	**	**
	Madagascar	**	**
	Niger	**	**
	Rwanda	**	**
	The Gambia	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

^{**}This data point is not provided due to small sample size.



SOCIAL

Now, please think about yesterday, from the morning until the end of the day. Think about where you were, what you were doing, who you were with and how you felt. Were you treated with respect all day yesterday?

Rank	Country	Change*	% No
1	Ethiopia	+1	43
2	Malawi	**	28
3	Zimbabwe	+2	26
4	Uganda	0	26
5	Chad	-1	26
6	Togo	0	25
7	Sierra Leone	-1	23
8	Benin	0	22
9	Republic of the Congo	+1	22
10	Cameroon	+1	21
11	Kenya	0	20
12	Namibia	0	19
13	Zambia	0	19
14	Tanzania	0	19
15	Côte d'Ivoire	+1	18
16	Burkina Faso	0	18
17	Mozambique	+4	17
18	Nigeria	+1	17

Rank	Country	Change*	% No
19	Gabon	-2	15
20	Ghana	-1	14
21	Mali	0	14
22	Mauritania	-3	13
23	South Africa	-1	13
24	Guinea	+1	11
25	Eswatini	+1	10
26	Senegal	-1	8
27	Mauritius	+1	6
	Botswana	**	**
	Comoros	**	**
	Lesotho	**	**
	Liberia	**	**
	Madagascar	**	**
	Niger	**	**
	Rwanda	**	**
	The Gambia	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.
**This data point is not provided due to small sample size.



JOB CLIMATE

Thinking about the job situation in the city or area where you live today, would you say that it is now a good time or a bad time to find a job?

(Good time, Bad time)

Rank	Country	Change*	% Good time
1	Mali	+3	73
2	Côte d'Ivoire	-1	65
3	Chad	+7	63
4	Mozambique	-5	63
5	Tanzania	0	61
6	Sierra Leone	+2	58
7	Burkina Faso	+1	57
8	Guinea	0	53
9	Malawi	**	52
10	Togo	-7	47
11	Senegal	+2	44
12	Benin	-3	44
13	Uganda	+2	43
14	Cameroon	-4	43
15	Zambia	+6	42
16	Kenya	-7	42
17	Nigeria	-1	41
18	South Africa	0	40

Rank	Country	Change*	% Good time
19	Ghana	-1	40
20	Republic of the Congo	+2	38
21	Gabon	+4	36
22	Ethiopia	0	35
23	Mauritius	-8	35
24	Zimbabwe	+2	34
25	Namibia	-5	29
26	Eswatini	-6	26
27	Botswana	**	**
	Comoros	**	**
	Lesotho	**	**
	Liberia	**	**
	Madagascar	**	**
	Mauritania	**	**
	Niger	**	**
	Rwanda	**	**
	The Gambia	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.
**This data point is not provided due to small sample size.

RELOCATION POTENTIAL

In the next 12 months, are you likely or unlikely to move away from the city or area where you live?

(Likely to move, Unlikely to move)

Rank	Country	Change*	% Likely to move
1	Sierra Leone	0	55
2	Nigeria	+1	54
3	Republic of the Congo	-1	53
4	Gabon	-2	49
5	Kenya	-1	49
6	Zimbabwe	+1	48
7	Cameroon	+1	48
8	Guinea	+1	48
9	Côte d'Ivoire	-3	48
10	Togo	-4	48
11	Uganda	0	47
12	Zambia	-1	47
13	Benin	+1	47
14	Namibia	+3	46
15	Ghana	-4	46
16	Senegal	0	41
17	Tanzania	0	40
18	South Africa	-5	38

Rank	Country	Change*	% Likely to move
19	Mali	0	38
20	Ethiopia	0	38
21	Burkina Faso	-7	37
22	Mozambique	-4	33
23	Malawi	**	26
24	Chad	0	25
25	Mauritius	+3	13
26	Botswana	**	**
27	Comoros	**	**
	Eswatini	**	**
	Lesotho	**	**
	Liberia	**	**
	Madagascar	**	**
	Mauritania	**	**
	Niger	**	**
	Rwanda	**	**
	The Gambia	**	**
-			

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.
**This data point is not provided due to small sample size.

East Asia

EMPLOYEE ENGAGEMENT

Gallup Q12 items; see "Appendix 3: Support Information" for item wording

Rank	Country	Change*	% Engaged
1	Mongolia	+3	37
2	China	+1	18
3	South Korea	+1	12

Rank	Country	Change*	% Engaged
4	Taiwan, Province of China	+2	10
5	Hong Kong, S.A.R. of China	-1	6
6	Japan	0	5

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

LIFE EVALUATION

Please imagine a ladder with steps numbered from zero at the bottom to 10 at the top. Suppose we say that the top of the ladder represents the best possible life for you, and the bottom of the ladder represents the worst possible life for you.

On which step of the ladder would you say you personally feel you stand at this time? (0-10)

Just your best guess, on which step do you think you will stand in the future, say about five years from now? (0-10)

Rank	Country	Change*	% Thriving
1	Taiwan, Province of China	+3	39
2	South Korea	+1	33
3	Mongolia	+1	32

Rank	Country	Change*	% Thriving
4	Japan	+3	28
5	China	+4	28
6	Hong Kong, S.A.R. of China	0	16

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

DAILY WORRY

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about worry?

Rank	Country	Change*	% Yes
1	Hong Kong, S.A.R. of China	-3	40
2	South Korea	-1	36
3	Mongolia	-2	35

Rank	Country	Change*	% Yes
4	China	+4	32
5	Japan	-1	30
6	Taiwan, Province of China	+1	15

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

DAILY STRESS

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about stress?

(Yes, No)

Rank	Country	Change*	% Yes
1	Hong Kong, S.A.R. of China	-1	53
2	China	+5	50
3	Japan	0	43

Rank	Country	Change*	% Yes
4	South Korea	0	38
5	Taiwan, Province of China	0	33
6	Mongolia	-1	18

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

DAILY ANGER

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about anger?

(Yes, No)

Rank	Country	Change*	% Yes
1	Hong Kong, S.A.R. of China	-3	25
2	China	+1	18
3	South Korea	0	17

Rank	Country	Change*	% Yes
4	Japan	-1	15
5	Taiwan, Province of China	+1	12
6	Mongolia	-1	11

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

DAILY SADNESS

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about sadness?

Rank	Country	Change*	% Yes
1	Hong Kong, S.A.R. of China	-2	18
2	Mongolia	+1	16
3	South Korea	-1	12

Rank	Country	Change*	% Yes
4	China	+1	12
5	Japan	-1	11
6	Taiwan, Province of China	0	4

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

ENVIRONMENTAL

In [country], are you satisfied or dissatisfied with efforts to preserve the environment?

(Satisfied, Dissatisfied)

Rank	Country	Change*	% Satisfied
1	China	+2	87
2	Japan	-1	46
3	Taiwan, Province of China	+3	45

Rank	Country	Change*	% Satisfied
4	South Korea	+4	45
5	Hong Kong, S.A.R. of China	+2	33
6	Mongolia	+1	19

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

SOCIAL

Now, please think about yesterday, from the morning until the end of the day. Think about where you were, what you were doing, who you were with and how you felt. Were you treated with respect all day yesterday?

(Yes, No)

Rank	Country	Change*	% No
1	Japan	0	26
2	South Korea	-1	20
3	Mongolia	-1	13

Rank	Country	Change*	% No
4	Hong Kong, S.A.R. of China	0	9
5	Taiwan, Province of China	0	8
6	China	0	7

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

JOB CLIMATE

Thinking about the job situation in the city or area where you live today, would you say that it is now a good time or a bad time to find a job?

(Good time, Bad time)

Rank	Country	Change*	% Good time
1	China	+2	63
2	Taiwan, Province of China	+4	52
3	Japan	-13	31

Rank	Country	Change*	% Good time
4	Mongolia	+4	24
5	Hong Kong, S.A.R. of China	+5	21
6	South Korea	+2	18

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.



RELOCATION POTENTIAL

In the next 12 months, are you likely or unlikely to move away from the city or area where you live?

(Likely to move, Unlikely to move)

Rank	Country	Change*	% Likely to move
1	Mongolia	+1	34
2	China	+1	16
3	South Korea	+1	13

Rank	Country	Change*	% Likely to move
4	Hong Kong, S.A.R. of China	-1	13
5	Japan	0	10
6	Taiwan, Province of China	0	8

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

South Asia

EMPLOYEE ENGAGEMENT

Gallup Q12 items; see "Appendix 3: Support Information" for item wording

Rank	Country	Change*	% Engaged
1	Bangladesh	+3	40
2	Sri Lanka	0	28
3	India	+1	26

Rank	Country	Change*	% Engaged
4	Nepal	-5	25
5	Pakistan	+3	13
	Afghanistan	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

LIFE EVALUATION

Please imagine a ladder with steps numbered from zero at the bottom to 10 at the top. Suppose we say that the top of the ladder represents the best possible life for you, and the bottom of the ladder represents the worst possible life for you.

On which step of the ladder would you say you personally feel you stand at this time? (0-10)

Just your best guess, on which step do you think you will stand in the future, say about five years from now? (0-10)

Rank	Country	Change*	% Thriving
1	Nepal	0	29
2	Bangladesh	+5	28
3	Pakistan	-3	14

Rank	Country	Change*	% Thriving
4	India	+1	13
5	Sri Lanka	+1	11
	Afghanistan	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

DAILY WORRY

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about worry?

Rank	Country	Change*	% Yes
1	India	+2	50
2	Bangladesh	-4	47
3	Nepal	-3	43

Rank	Country	Change*	% Yes
4	Pakistan	-2	43
5	Sri Lanka	+2	33
	Afghanistan	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

^{**}This data point is not provided due to small sample size.

^{**}This data point is not provided due to small sample size.

^{**}This data point is not provided due to small sample size.

DAILY STRESS

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about stress?

(Yes, No)

Rank	Country	Change*	% Yes
1	Sri Lanka	+2	55
2	Bangladesh	-1	40
3	Nepal	0	33

Rank	Country	Change*	% Yes
4	India	+3	32
5	Pakistan	-3	30
	Afghanistan	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

DAILY ANGER

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about anger?

(Yes, No)

Rank	Country	Change*	% Yes
1	India	+3	37
2	Pakistan	-3	37
3	Sri Lanka	+2	30

Rank	Country	Change*	% Yes
4	Bangladesh	0	25
5	Nepal	-1	22
	Afghanistan	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

DAILY SADNESS

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about sadness?

Rank	Country	Change*	% Yes
1	India	+3	42
2	Sri Lanka	+4	37
3	Pakistan	0	34

Rank	Country	Change*	% Yes
4	Bangladesh	-3	33
5	Nepal	-4	29
	Afghanistan	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

^{**}This data point is not provided due to small sample size.

^{**}This data point is not provided due to small sample size.

ENVIRONMENTAL

In [country], are you satisfied or dissatisfied with efforts to preserve the environment?

(Satisfied, Dissatisfied)

Rank	Country	Change*	% Satisfied
1	India	+1	81
2	Bangladesh	0	76
3	Nepal	+1	65

Rank	Country	Change*	% Satisfied
4	Sri Lanka	-1	55
5	Pakistan	+2	43
	Afghanistan	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

SOCIAL

Now, please think about yesterday, from the morning until the end of the day. Think about where you were, what you were doing, who you were with and how you felt. Were you treated with respect all day yesterday?

(Yes, No)

Ra	nk	Country	Change*	% No
	1	Nepal	-3	27
	2	India	0	19
3	3	Bangladesh	0	13

Rank	Country	Change*	% No
4	Pakistan	-1	11
5	Sri Lanka	-1	10
	Afghanistan	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

JOB CLIMATE

Thinking about the job situation in the city or area where you live today, would you say that it is now a good time or a bad time to find a job?

(Good time, Bad time)

Rank	Country	Change*	% Good time
1	Nepal	0	64
2	India	+3	56
3	Bangladesh	-1	46

Rank	Country	Change*	% Good time
4	Sri Lanka	-6	45
5	Pakistan	-3	21
	Afghanistan	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

^{**}This data point is not provided due to small sample size.

^{**}This data point is not provided due to small sample size.

^{**}This data point is not provided due to small sample size.

RELOCATION POTENTIAL

In the next 12 months, are you likely or unlikely to move away from the city or area where you live?

(Likely to move, Unlikely to move)

Rank	Country	Change*	% Likely to move
1	Bangladesh	+2	27
2	Nepal	-1	24
3	India	+4	23

Rank	Country	Change*	% Likely to move
4	Pakistan	+2	21
5	Sri Lanka	+4	18
	Afghanistan	**	**

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

^{**}This data point is not provided due to small sample size.



Southeast Asia

EMPLOYEE ENGAGEMENT

Gallup Q12 items; see "Appendix 3: Support Information" for item wording

Rank	Country	Change*	% Engaged
1	Philippines	-1	31
2	Thailand	+1	26
3	Cambodia	+1	26
4	Indonesia	+2	24
5	Vietnam	+3	23

Rank	Country	Change*	% Engaged
6	Myanmar	+1	23
7	Laos	+1	23
8	Malaysia	0	18
9	Singapore	0	13

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

LIFE EVALUATION

Please imagine a ladder with steps numbered from zero at the bottom to 10 at the top. Suppose we say that the top of the ladder represents the best possible life for you, and the bottom of the ladder represents the worst possible life for you.

On which step of the ladder would you say you personally feel you stand at this time? (0-10)

Just your best guess, on which step do you think you will stand in the future, say about five years from now? (0-10)

Rank	Country	Change*	% Thriving
1	Singapore	0	38
2	Thailand	0	36
3	Vietnam	+8	35
4	Malaysia	+5	30
5	Philippines	+2	29

Rank	Country	Change*	% Thriving
6	Laos	+1	25
7	Indonesia	0	24
8	Cambodia	-3	17
9	Myanmar	0	15

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.



DAILY WORRY

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about worry?

(Yes, No)

Rank	Country	Change*	% Yes
1	Cambodia	-2	50
2	Indonesia	-4	46
3	Thailand	+4	44
4	Myanmar	-3	43
5	Laos	+1	40

Rank	Country	Change*	% Yes
6	Vietnam	0	37
7	Philippines	-5	35
8	Malaysia	+2	31
9	Singapore	+3	21

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

DAILY STRESS

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about stress?

Rar	nk Country	Change*	% Yes
1	Philippines	-3	50
2	Thailand	+5	41
3	Cambodia	-3	38
4	Myanmar	-2	37
5	Vietnam	+2	35

Rank	Country	Change*	% Yes
6	Singapore	0	34
7	Laos	+1	32
8	Malaysia	+1	27
9	Indonesia	+1	20

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.



DAILY ANGER

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about anger?

(Yes, No)

Rank	Country	Change*	% Yes
1	Laos	-2	34
2	Myanmar	-1	27
3	Philippines	-3	24
4	Indonesia	0	23
5	Cambodia	-2	21

Rank	Country	Change*	% Yes
6	Thailand	+2	21
7	Vietnam	-1	19
8	Singapore	+3	17
9	Malaysia	0	17

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

DAILY SADNESS

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about sadness?

Rank	Country	Change*	% Yes
1	Cambodia	-2	41
2	Philippines	-1	32
3	Laos	0	32
4	Indonesia	-2	31
5	Myanmar	0	23

Rank	Country	Change*	% Yes
6	Vietnam	-2	21
7	Thailand	+2	19
8	Malaysia	+1	18
9	Singapore	+2	10

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.



ENVIRONMENTAL

In [country], are you satisfied or dissatisfied with efforts to preserve the environment?

(Satisfied, Dissatisfied)

Rank	Country	Change*	% Satisfied
1	Singapore	-5	88
2	Philippines	-3	87
3	Cambodia	-2	85
4	Laos	+1	80
5	Indonesia	-2	71

Rank	Country	Change*	% Satisfied
6	Malaysia	-1	67
7	Vietnam	-4	67
8	Thailand	-6	64
9	Myanmar	-9	63

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

SOCIAL

Now, please think about yesterday, from the morning until the end of the day. Think about where you were, what you were doing, who you were with and how you felt. Were you treated with respect all day yesterday?

Rank	Country	Change*	% No
1	Laos	0	30
2	Myanmar	-2	27
3	Cambodia	-1	16
4	Thailand	0	13
5	Malaysia	+2	10

Rank	Country	Change*	% No
6	Singapore	+1	6
7	Indonesia	-1	5
8	Philippines	0	4
9	Vietnam	-2	4

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.



JOB CLIMATE

Thinking about the job situation in the city or area where you live today, would you say that it is now a good time or a bad time to find a job?

(Good time, Bad time)

Rank	Country	Change*	% Good time
1	Laos	-3	71
2	Cambodia	-5	64
3	Philippines	-6	63
4	Vietnam	-11	61
5	Malaysia	-4	48

Rank	Country	Change*	% Good time
6	Indonesia	-7	45
7	Singapore	-4	40
8	Thailand	-8	32
9	Myanmar	-6	25

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

RELOCATION POTENTIAL

In the next 12 months, are you likely or unlikely to move away from the city or area where you live?

(Likely to move, Unlikely to move)

Rank	Country	Change*	% Likely to move
1	Malaysia	+1	27
2	Myanmar	+4	24
3	Philippines	+5	22
4	Cambodia	0	20
5	Vietnam	+3	18

Rank	Country	Change*	% Likely to move
6	Laos	0	16
7	Thailand	+2	16
8	Indonesia	-3	15
9	Singapore	+2	11

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

Australia and New Zealand

EMPLOYEE ENGAGEMENT

Gallup Q12 items; see "Appendix 3: Support Information" for item wording

Rank	Country	Change*	% Engaged
1	Australia	0	19
2	New Zealand	0	19

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

LIFE EVALUATION

Please imagine a ladder with steps numbered from zero at the bottom to 10 at the top. Suppose we say that the top of the ladder represents the best possible life for you, and the bottom of the ladder represents the worst possible life for you.

On which step of the ladder would you say you personally feel you stand at this time? (0-10)

Just your best guess, on which step do you think you will stand in the future, say about five years from now? (0-10)

Rank	Country	Change*	% Thriving
1	Australia	+1	61
2	New Zealand	0	60

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

DAILY WORRY

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about worry?

Rank	Country	Change*	% Yes
1	Australia	+2	34
2	New Zealand	+2	31

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

DAILY STRESS

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about stress?

(Yes, No)

Rank	Country	Change*	% Yes
1	Australia	+2	45
2	New Zealand	+2	41

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

DAILY ANGER

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about anger?

(Yes, No)

Rank	Country	Change*	% Yes
1	Australia	+1	13
2	New Zealand	+1	12

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

DAILY SADNESS

Did you experience the following feelings during A LOT OF THE DAY yesterday? How about sadness?

Rank	Country	Change*	% Yes
1	Australia	+2	16
2	New Zealand	+1	16

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

ENVIRONMENTAL

In [country], are you satisfied or dissatisfied with efforts to preserve the environment?

(Satisfied, Dissatisfied)

Rank	Country	Change*	% Satisfied
1	New Zealand	-1	62
2	Australia	-3	41

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

SOCIAL

Now, please think about yesterday, from the morning until the end of the day. Think about where you were, what you were doing, who you were with and how you felt. Were you treated with respect all day yesterday?

(Yes, No)

Rank	Country	Change*	% No
1	Australia	0	7
2	New Zealand	0	7

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

JOB CLIMATE

Thinking about the job situation in the city or area where you live today, would you say that it is now a good time or a bad time to find a job?

(Good time, Bad time)

Rank	Country	Change*	% Good time
1	New Zealand	-1	62
2	Australia	+2	52

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.



RELOCATION POTENTIAL

In the next 12 months, are you likely or unlikely to move away from the city or area where you live?

(Likely to move, Unlikely to move)

Rank	Country	Change*	% Likely to move
1	Australia	-2	16
2	New Zealand	-3	15

^{*&}quot;Change" indicates the difference in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

Appendix 2: Methodology

The primary data in this report come from the Gallup World Poll, through which Gallup has conducted surveys of the world's adult population, using randomly selected samples, since 2005. The survey is administered annually face to face or by telephone, covering more than 160 countries and areas since its inception. In addition to the World Poll data, Gallup collected extensive random samples of working populations in the United States and Germany; these samples were also added to the dataset.

The target population of the World Poll is the entire civilian, noninstitutionalized, aged-15-and-older population. Gallup's data in this report reflect the responses of adults, aged-15-and-older, who were employed for any number of hours by an employer.

With some exceptions, all samples are probability-based and nationally representative. Gallup uses data weighting to minimize bias in survey-based estimates; ensure samples are nationally representative for each country; and correct for unequal selection probability, nonresponse and double coverage of landline and mobile phone users when using both mobile phone and landline frames. Gallup also weights its final samples to match the national demographics of each selected country.

Regional findings in this report include data obtained from 2021 to as late as March 2022 (reported as part of 2021 data in this report). To determine percentage point changes for regions, Gallup uses data from 2020 and 2021 from the same countries in each region.

Country-specific findings in "Appendix 1: Country Comparisons" are based on data aggregated from three years of polling (2019, 2020 and 2021 — with several countries' 2021 data obtained in early 2022). Percentage point changes for countries indicate the differences in percentage points when comparing the average from 2018, 2019 and 2020 with the average from 2019, 2020 and 2021.

Gallup typically surveys 1,000 individuals in each country or area, using a standard set of core questions that has been translated into the major languages of the respective country. In some countries, Gallup collects oversamples in major cities or areas of special interest. Additionally, in some large countries, such as China and Russia, sample sizes include at least 2,000 adults. In a small number of countries, the sample size is less than 1,000. In this report, Gallup does not provide country-level data (aggregate of 2019, 2020 and 2021 data) or country-level percentage point change data (aggregate of 2018, 2019 and 2020 data) for any country that has an aggregate n size of less than 300.

For results based on the total sample of adults **globally**, the margin of sampling error ranged from ± 0.5 percentage points to ± 0.7 percentage points at the 95% confidence level. For results based on the total sample of adults in each **region**, the margin of sampling error ranged from ± 0.6 percentage points to ± 5.0 percentage points at the 95% confidence level. For results based on the total sample of adults in each **country**, the margin of sampling error ranged from ± 0.5 percentage points to ± 8.5 percentage points at the 95% confidence level. All reported margins of sampling error include computed design effects for weighting.

Gallup is entirely responsible for the management, design and control of the Gallup World Poll. For more than 80 years, Gallup has been committed to the principle that accurately collecting and disseminating the opinions and aspirations of people around the globe is vital to understanding our world. Gallup's mission is to provide information in an objective, reliable and scientifically grounded manner. Gallup is not associated with any political orientation, party or advocacy group and does not accept partisan entities as clients. Any individual, institution or governmental agency may access the Gallup World Poll regardless of nationality. The identities of clients and all surveyed respondents remain confidential.

The World Poll monitors the issues that matter most to societies worldwide, such as personal safety, food and shelter, employment, wellbeing and confidence in national institutions. In addition to conducting our core polls, organizations worldwide turn to Gallup to conduct custom surveys using our rigorous research standards and scientifically proven methodologies to help them solve their most pressing problems.

Appendix 3: Support Information

Employee Engagement

<u>Employee engagement</u> reflects the involvement and enthusiasm of employees in their work and workplace. Gallup categorizes an organization's employees as engaged, not engaged or actively disengaged. Employees can become engaged when their basic needs are met and when they have a chance to contribute, a sense of belonging, and opportunities to learn and grow.

Engaged employees are highly involved in and enthusiastic about their work and workplace. They are psychological "owners," drive performance and innovation, and move the organization forward.

Not engaged employees are psychologically unattached to their work and company. Because their engagement needs are not being fully met, they're putting time — but not energy or passion — into their work.

Actively disengaged employees aren't just unhappy at work — they are resentful that their needs aren't being met and are acting out their unhappiness. Every day, these workers potentially undermine what their engaged coworkers accomplish.

To determine the percentage of engaged, not engaged and actively disengaged employees, Gallup uses a proprietary formula founded on extensive research about how the engagement elements, as measured by the Gallup Q¹², relate to various workplace outcomes. For this reason, employee engagement is a much higher bar than merely satisfaction or metrics that combine "strongly agree" and "agree" responses into a "percent favorable" engagement index.

The current standard is to ask each employee (a census survey; median participation rate is 84%) to rate the Q^{12} statements using six response options, from 5 = strongly agree to 1 = strongly disagree, and the sixth response option — don't know/does not apply — is unscored. Gallup's proprietary formula does not require perfect agreement with all Q^{12} elements for employees to be classified as engaged.

Gallup Q12 Items

- Q01. I know what is expected of me at work.
- Q02. I have the materials and equipment I need to do my work right.
- Q03. At work, I have the opportunity to do what I do best every day.
- Q04. In the last seven days, I have received recognition or praise for doing good work.
- Q05. My supervisor, or someone at work, seems to care about me as a person.
- Q06. There is someone at work who encourages my development.
- Q07. At work, my opinions seem to count.
- Q08. The mission or purpose of my company makes me feel my job is important.
- Q09. My associates or fellow employees are committed to doing quality work.
- Q10. I have a best friend at work.
- Q11. In the last six months, someone at work has talked to me about my progress.
- Q12. This last year, I have had opportunities at work to learn and grow.

Life Evaluation

Gallup's Life Evaluation Index, which is included as part of the standard set of core questions on the Gallup World Poll, measures respondents' perceptions of where they stand now and in the future.

Building on the Cantril Self-Anchoring Striving Scale,¹ Gallup measures life satisfaction by quantifying the difference between the best possible life and the worst possible life using a simple two-part question — Gallup's Best Possible Life Scale. Gallup asks respondents to place the status of their current and future lives on a "ladder" scale with steps numbered from zero to 10, where zero indicates the worst possible life and 10 the best possible life.

Best Possible Life Scale Two-Part Question

Please imagine a ladder with steps numbered from zero at the bottom to 10 at the top. Suppose we say that the top of the ladder represents the best possible life for you, and the bottom of the ladder represents the worst possible life for you.

On which step of the ladder would you say you personally feel you stand at this time? (0-10)

Just your best guess, on which step do you think you will stand in the future, say about five years from now? (0-10)

¹ Cantril, H. (1965). The pattern of human concerns. New Brunswick, NJ: Rutgers University Press. The Cantril Self-Anchoring Striving Scale (ladder scale) was originated by pioneering social researcher Hadley Cantril in his 1965 book. The Pattern of Human Concerns. George Gallup included the measure in his 1977 classic volume Human Needs and Satisfactions: A Global Survey, and it has been tracked in Gallup's World Poll since 2005.

Thriving, Struggling and Suffering

Gallup classifies respondents into one of three categories of wellbeing — thriving, struggling or suffering — and determines the percentage of respondents in each category.

Individuals who rate their current life at a 7 or higher AND their future life as an 8 or higher are "thriving." Individuals are "suffering" if they rate their current AND future lives at 4 or below. All other individuals are "struggling."

Thriving: These respondents have positive views of their present life situation (7 or higher rating on best life present) and have positive views of the next five years (8 or higher rating on best life future). They report significantly fewer health problems and less worry, stress, sadness, depression and anger. They report more hope, happiness, energy, interest and respect.

Struggling: These respondents struggle in their present life situation and have uncertain or negative views about their future. They report more daily stress and worry about money than thriving respondents do.

Suffering: These respondents report that their lives are miserable (4 and below rating on best life present) and have negative views of the next five years (4 and below on best life future). They are more likely to report that they lack the basics of food and shelter and more likely to have physical pain and a lot of stress, worry, sadness and anger. They have less access to health insurance and care and more than double the disease burden compared with thriving respondents.

Daily Negative Emotions

Gallup annually surveys around the world to determine people's experiences of daily emotions. This report focuses on the emotional experiences of employed adults. For further data on the emotions of all adults globally, please see our most recent Global Emotions Report.

Environmental, Social and Governance (ESG)

ESG refers to environmental, social and governance criteria for evaluating organizational success beyond profit. It challenges leaders to move away from a sole focus on short-term profit to long-term sustainability and the interests of all stakeholders. Ultimately, it is a redefinition of success in business — beyond wealth creation, toward making the world, the planet and its people better over the long term.

For the item "Is corruption widespread within businesses located in [country], or not?" Gallup removed all "Don't know" or "N/A" responses and recalculated the past data trend for this item. This updated calculation will be used in the 2022 report and moving forward.

Connect with a Gallup expert to learn more.

Job Market

As part of the State of the Global Workplace report, Gallup reports data on other questions that may be relevant to world leaders. In 2021, we reported on COVID-19-related questions. This year, we reported on the following job-market-related items:

- Thinking about the job situation in the city or area where you live today, would you say
 that it is now a good time or a bad time to find a job? (Response options: Good time/
 Bad time)
 - In this report, we are reporting on the percentage of employees who selected the "Good time" response for this item.
- In the next 12 months, are you likely or unlikely to move away from the city or area where you live? (Response options: Likely to move, Unlikely to move)
 - In this report, we are reporting on the percentage of employees who selected the "Likely to move" response for this item.
 - This item does not measure desire to migrate permanently from one country to another. See Gallup's global **Migration Research Center** for additional findings.
- Which one of these phrases comes closest to your own feelings about your household income these days? (Response options: Living comfortably on present income, Getting by on present income, Finding it difficult on present income, Finding it very difficult on present income)
 - In this report, we are reporting on the percentage of employees who selected the "Living comfortably" response for this item.

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